# Gow Ayrn Join in

Kiaull Manninagh son Keim 1 & 2

Manx Music for Key Stage 1 & 2

Undinys Eiraght Vannin

Manx Heritage Foundation

2008

## Acknowledgments

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Isle of Man Department of Education, The Voices Foundation,
Centre for Manx Studies, Mooinjey Veggey and the Manx National Heritage Library.

In addition to the musical material recorded especially for this resource, permission to use selected tracks has been granted by individual artistes and ensembles with the proviso that they will only be employed within the classroom and in the Isle of Man. Sincere thanks to all of the musicians who have kindly contributed music from their own albums to this educational resource. Please support these individuals and groups as much as you can.

This compilation @ Manx Heritage Foundation 2008B [2nd edition]

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## Guide to using Gow Ayrn

This music resource book and accompanying CD have been designed for use in Manx schools.

All of the songs, tunes and dances are related to the Isle of Man and Gow Ayrn has been designed for music coordinators and non-musicians alike for use in the classroom and for extra-curricular activities.

- · Elements of the QCA National Curriculum for Music Key Stage 1 and 2 have been addressed with particular reference to the philosophies of The Voices Foundation. A check-list of corresponding skills and concepts accompanies each piece of music together with ideas for class activities. For suggestions on including suitable Manx pieces within particular QCA units of work for music, see Appendix 4.
- · Manx dance instructions and tips on beginning to play the D tin/penny whistle are included in Appendices 1 & 2.
- · References for linking Manx music to other elements of the Manx curriculum (History, Geography & Religious Education) are included in the Appendix 5.

Each piece of music has one or more CD track demonstration/s to assist with learning the melody and performance ideas. Extra tracks are also included with some songs to aid pronunciation of Manx Gaelic lyrics [track number for pronunciation in **bold** font].

e.g.



CD Track Information is on p.64

#### Body rhythm pieces

The rhythmic patterns from some of the songs could be performed through body percussion. Suggested movements are:

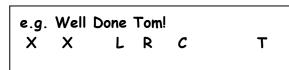
X = Click fingers (both hands)

L = Tap left knee

R = Tap right knee

C = Clap hands

T = Tap both knees

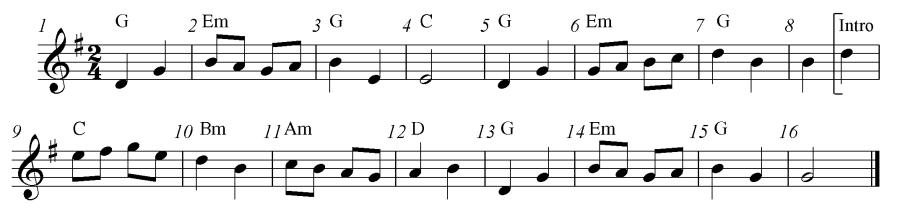


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## Step Dance/Cur Shaghey yn Geurey





Music	Bars	Dance Instructions			
		Couples face each other. Hands on hips.			
Intro		Wait for Intro			
1st	1-2	Bend right then left			
	3-4	Clap own hands together 3 times			
	5-6	Bend left then right			
	7-8	Stamp feet RLR			
	9-10	Shake right finger 3 times			
	11-12	Shake left finger 3 times			
	13-16	Slow spin on own. Boys raise arms. Girls put hands on hips			
2nd 1-4		Face each other and move right foot heel-toe x 2			
	5-8	Move left foot heel-toe x 2			
	9-16	Take hands with partner and do the Manx Waltz (see p.53)			

- · Simple time signature 2/4
- · Dance Moving to music
- · Major tonality
- · Differences between beat (pulse) and rhythm

Cur Shaghey yn Geurey is Manx Gaelic for Put off the Winter!

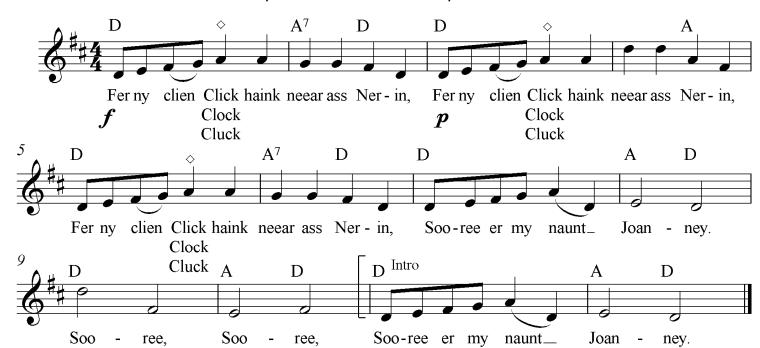
- 1. Listen to CD01 and clap along with the beat [pulse]
- 2. Perform this dance with your class to the CD accompaniment. Children stand in couples facing each other.



## Fer ny Clien Click

An old children's song telling of three men (Click, Clock and Cluck) who came over from Ireland to try and court Aunt Joanney!

- · Simple time signature 4/4
- · Using body percussion
- · Major tonality [key]
- · Scale controlling pitch from low to high
- · Dynamics f and p
- Duration of note values
  e.g. 'click' short
  'Joanney' long notes
- · Singing game



- 1. Traditionally the 'click, clock and cluck' are sounds made with the tongue.
- 2. As on the CD exchange  $\diamond$  'click, clock and cluck' with a snap of the fingers, click of the tongue and a hand clap. Alternatively the pulse/beat could be played on different percussion instruments.
- 3. Sing along with instrumentalists on CD03 or with a class ensemble [see Appendix 3 for an arrangement]
- 4. Perform this melody with the words from 'Smuggler's Lullaby' [next page].
- 5. Sing the first two bars loudly [f] with the next two softly [p], and so on. i.e. call and response.

## Smuggler's Lullaby



A smuggler's wife pretends to sing a lullaby to her baby, but she is really warning her husband that the excise men (customs officers) are nearby. The first phrase of the song is loud [f] so her smuggler husband can hear her warning, while the next phrase 'chaddill oo my laala' (Manx Gaelic for 'Sleep my Little Hero') is sung softly [p] to the baby. CD 03 has an instrumental version which you can learn with your folk group [see Appendix 3].

1. See the excise men are coming [f] Chaddil oo my Laala! [p] They'll be seeking wine and whisky [f]

Chaddil oo my Laala! [p]

Chorus: Ogh Hene child o' mine [f]

Chaddil oo my Laala! [p]

2. Daddy's late and we must warn him Chaddil oo my Laala!

This run, he'll have naught illegal;

Chaddil oo my Laala!

Ogh Hene child o' mine

Chaddil oo my Laala!

3. O the Englishmen may board us Chaddil oo my Laala! Nothing wrong will they discover;

Chaddil oo my Laala!

Ogh Hene child o' mine

Chaddil oo my Laala!

4. Let them search in boat and dwelling Chaddil oo my Laala!
Nothing's in the hold but herrings
Chaddil oo my Laala!

Ogh Hene child o' mine Chaddil oo my Laala! · Simple time signature 4/4

· Listening to instruments

· Major tonality

Scale - controlling pitch Low to high

· Verse & chorus

· Dynamics - f and p

· Echo

· Social function in lyrics

- lullaby



'Chaddill oo my laala' is pronounced 'haddill oo ma layla' with a guttural sound on the 'H' as in 'loch'.

#### Activity ideas:

- 1. Sing the above words to the melody from Fer ny Clien Click [p.7].
- 2. Sing the first two bars loudly [f] with the next two softly [p], and so on. i.e. like an echo
- 3. Listen to the instrumental arrangement on CD03. Notice the 'Introduction'.

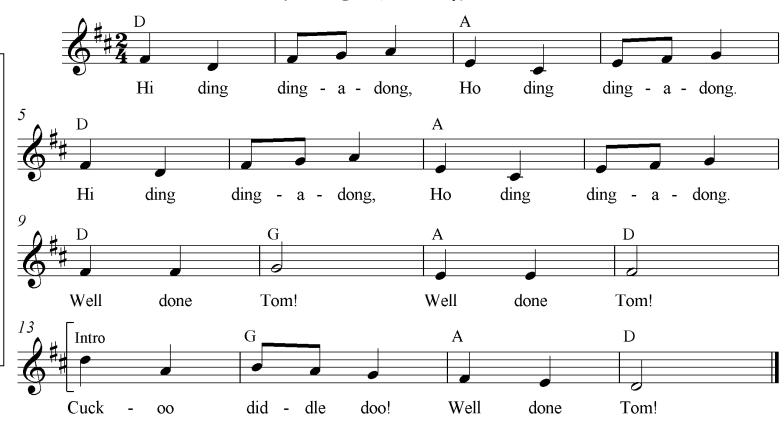
Which instruments are played? [piano, violin, whistle] How many times is the tune played? [3]

4. Learn to play the instrumental arrangement of Smuggler's Lullaby [Appendix 3] in your folk group.

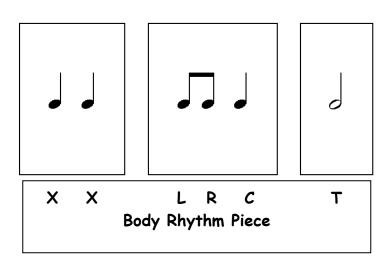


## Well Done Tom!

- · Simple time signature 2/4
- · Pitch high and low
- · Major Tonality
- · Differences between pulse and rhythm
- · Rhythmic patterns and notation
- · Sequencing of melodic patterns



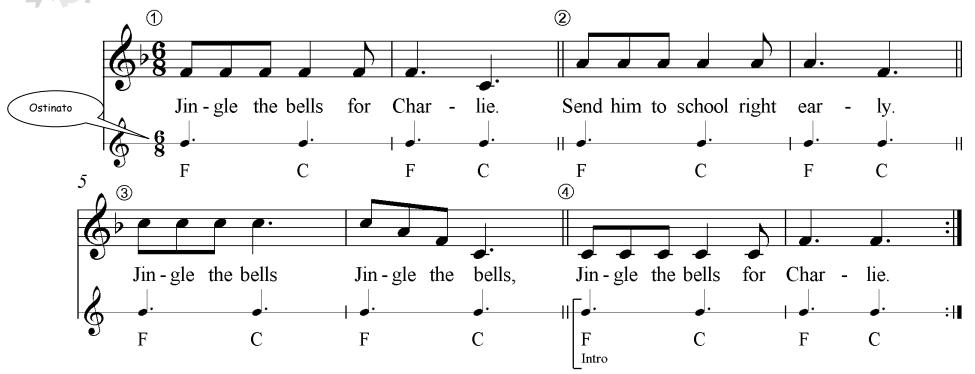
- 1. To demonstrate the sequencing of the first phrase, get pupils to reach high for 'Hi ding...' and lower for 'Ho ding...'
- 2. Make flash cards denoting the rhythmic patterns. Ask half of the class to clap the pulse while the other half claps the rhythms on the cards. Ask pupils to arrange the cards into the correct rhythm of *Well Done Tom!* Play as a body rhythm piece [see guidelines p.3].
- 3. Use other words with the correct number of syllables to demonstrate the rhythms of the song. e.g. Isle of Man place names: Sulby, Ballaglass, Peel... Or first names: Sarah, Benjamin, Kate... Juan, Illiam, Paie...







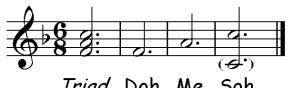




#### Activity ideas:

- 1. Perform with chime bar ostinato F and C
- 2. As on CD track 06, sing as a round, starting after each 2 bar phrase
- 3. Get separate groups to hold on certain words/notes to create drones while others continue singing melody.

 An ostinato is a rhythmic or melodic motif which is persistently repeated



Triad Doh Me Soh

- · Compound time signature 6/8
- · Major tonality
- · Melody based around the doh

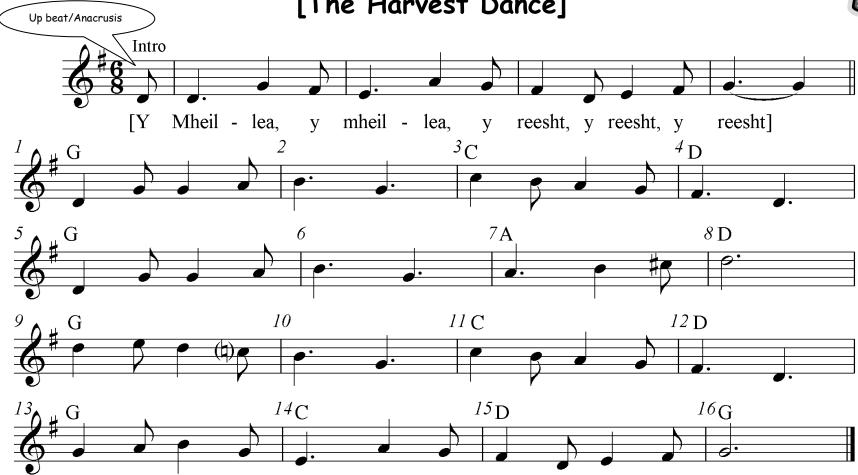
triad: Doh - Me - Soh

- · Higher and lower
- · Singing in parts round
- · Drone
- · 2 note instrumental ostinato



## Y Mheillea [The Harvest Dance]





- · Compound time signature 6/8 'jig' with an up beat/anacrusis
- · Major tonality
- · Dance Moving to music [see instructions overleaf and steps in Appendix 1]. The whole dance accompaniment is played twice through on CD07.

For a simpler version, repeat the movements of the 1<sup>st</sup> verse each time.

 An up beat or anacrusis is the note/s that leads up to the stronger first beat of a bar (downbeat)

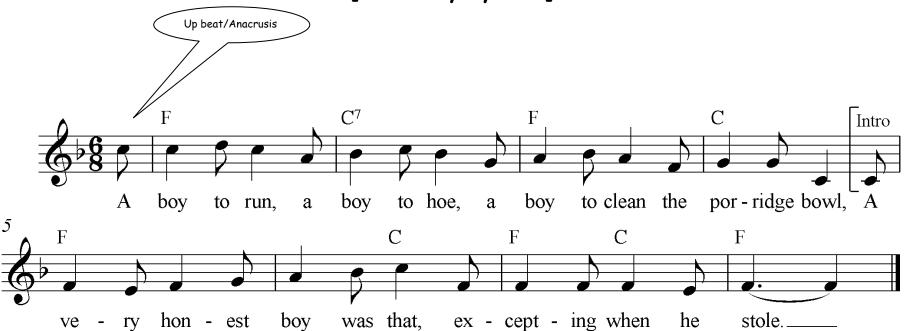
## Y Mheillea Dance Instructions

Music	Bars	Shortened Version. For steps see p.53. For full version see Rinkaghyn Vannin.					
Intro	Intro	Couples join hands in a circle. Wait for Intro					
1 <sup>st</sup>	1-8	Dance 8 <i>slip steps</i> clockwise then 8 <i>slip steps</i> anti-clockwise.					
verse	9-12	All take 3 steps to the centre, forward a double [kick], and same out.					
	13-16	Partners loose hands and stand facing each other. Boys point with their foot and bring it up to the knee, left first then right. Then they turn clockwise with arms held out at shoulder level. Meanwhile					
		girls balance right and left with hands on hips, then turn clockwise with arms held at shoulder level.					
2 <sup>nd</sup>	1-8	Partners face each other and pass by the right in <i>reel step</i> to the next partner along and cross hands with them, swing one-and-a-half times around then release hands and return to positions.					
	9-12	All take 3 steps to the centre, forward a double [kick], and same out.					
	13-16	Partners loose hands and stand facing each other. Boys point with their foot and bring it up to the knee, left first then right. Then they turn clockwise with arms held out at shoulder level. Meanwhile girls balance right and left with hands on hips, then turn clockwise with arms held at shoulder level.					
3 <sup>rd</sup>	1-16	Manx Waltz moving clockwise.					
Intro End		Sing 'Y Mheillea, y mheillea, y reesht, y reesht y reesht' [The harvest again] Sing 'Y Mheillea t'eh ayn, t'eh ayn, t'eh ayn. Oi! [The harvest it's in]					

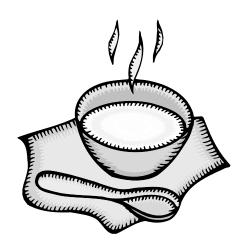




## A Boy to Run [Yn Guilley dy Roie]



- · Compound time signature 6/8
- · Major tonality
- · Sequencing of melodic patterns
- · Up beat/Anacrusis
- · Tied rhythms



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#### Activity ideas:

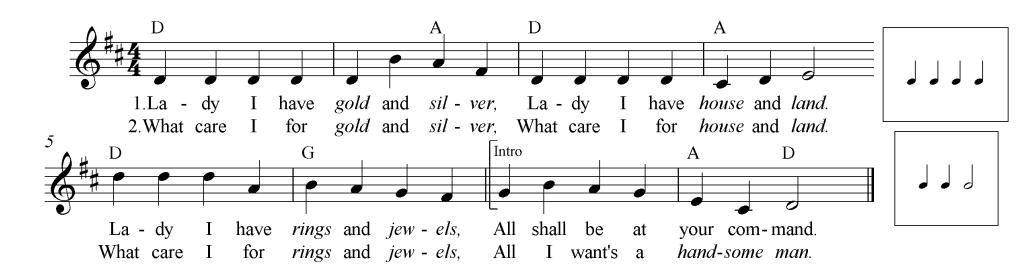
Perform with chime bar accompaniment – F and C.

☐ Compound time signature - each beat of a bar is divisible by 3. i.e. 6/8 = 2 beats of 3 quavers











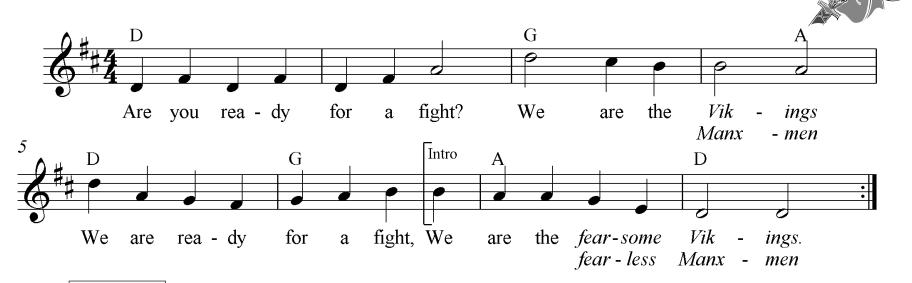
- · Simple time signature 4/4
- · Major tonality
- · Question and answer
- · Simple rhythmic notation
- · Social function of lyrics courting!

- 1. Divide the two verses between two groups question and answer.
- 2. Pupils could exchange words in *italics* for new words using correct syllables to fit the rhythms e.g. fruit names! *Pears, apples, grapes...*
- 3. Ask pupils to notate the rhythmic patterns using flash cards.





## Are you Ready for a Fight?





- الالا

- · Simple time signature 4/4
- · Major tonality
- · Question and answer
- $\cdot$  Simple rhythmic notation

- 1. Divide the two verses between two groups question and answer.
- 2. Pupils could exchange words in *italics* for new words using correct syllables to fit the rhythms.
- 3. Ask pupils to notate the rhythmic patterns using flash cards. Compare to Lady I have Gold and Silver (p.13).





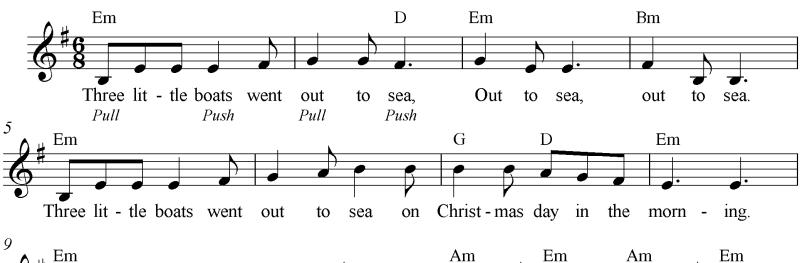


## Three Little Boats

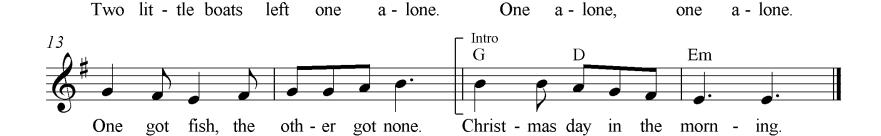
Em

Am





- · Compound time signature 6/8 Jig - 'skipping beat' · Minor tonality
- · Structure
- A A1 B B1
- · Listening -Melody & accompaniment

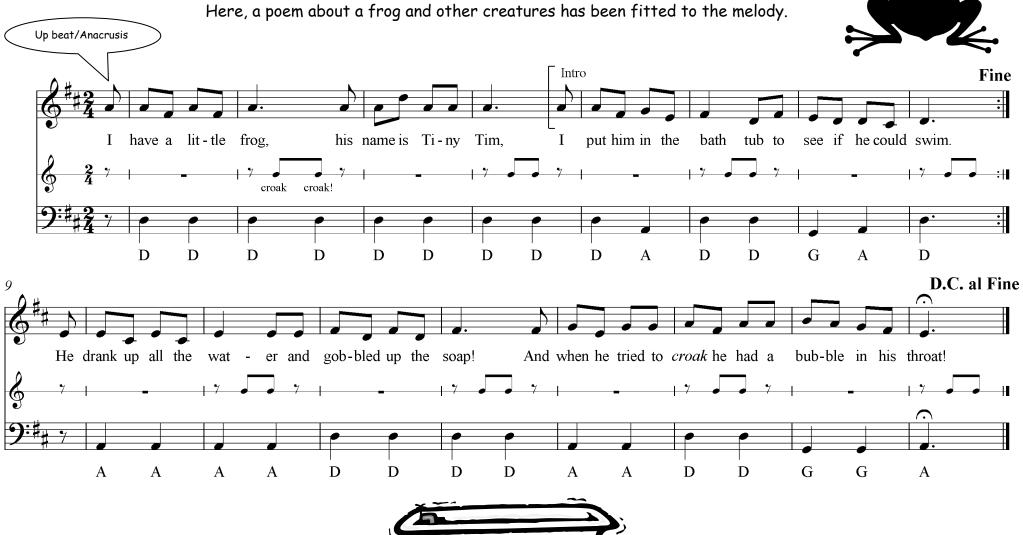


- 1. To illustrate the two beats per bar of this compound time signature, do rowing actions per beat. For the stronger first beat pull the oars and for the weaker second beat push the oars.
- 2. Listen to the instrumental version of this song played as a 'Jig' on CD track 12. Note how each two lines are repeated. How many times is the tune played? [2] Talk about the instrumentation [violin, accordion, bodhrán (drum)].



## I Have a Little Frog

This song is based on the melody from a Manx courting dance called 'Return the Blow'. Here, a poem about a frog and other creatures has been fitted to the melody.





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#### I Have a Little Frog

1. I have a little frog, his name is Tiny Tim,
I put him in the bathtub to see if he could swim [x 2]
He drank up all the water and gobbled up the soap!
And when he tried to *croak*, he had a bubble in his throat!
I have a little frog, his name is Tiny Tim...



2. I have a little duck, his name is Dinky Jim
I put him in the bathtub to see if he could swim [x 2]
He drank up all the water and gobbled up the soap!
And when he tried to *quack*, he had a bubble in his throat!
I have a little duck, his name is Dinky Jim...



3. I have a little croc, his name is Scaly Slim
I put him in the bathtub to see if he could swim [x 2]
He drank up all the water and gobbled up the soap!
And when he tried to *snap*, he had a bubble in his throat!
I have a little croc, his name is Scaly Slim...

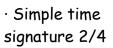
- · Simple time signature
- · Structure A(A)BA
- · Repeats & D.C. al fine
- · Pulse & rhythm
- · Major tonality
- · Cyclic patterns
- · Class Ensemble with instruments
- · Ostinato use chime bars GAD
- · Rests
- · Up beat/anacrusis

- 1. Ask some of the class to clap the 'croak' rhythm while others sing.
- 2. Experiment with instrumentation. Ask the children to select percussion instruments which closely imitate the animal sounds.
- 3. Add the GAD ostinato on chime bars or keyboard.
- 4. Think of other animals and names which could be incorporated into this song.

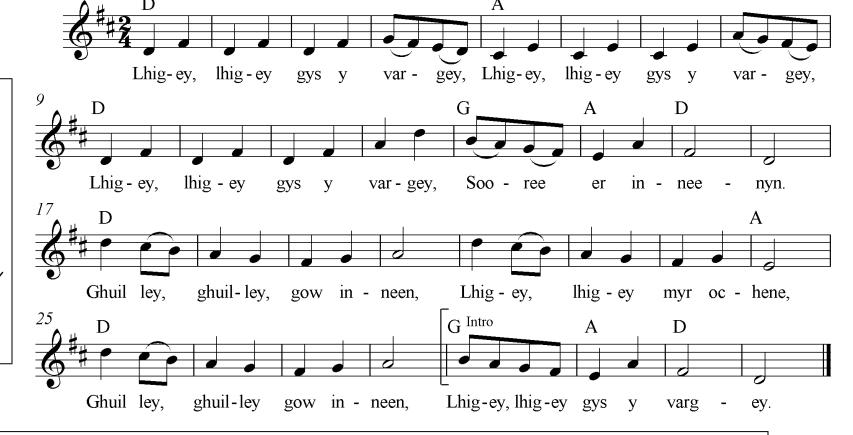


## Lhigey Lhigey





- · Major tonality
- · Variation of melodic phrases
- · Structure A A1 B B1
- · Singing game See Ree ny Marrey for piano accompaniment

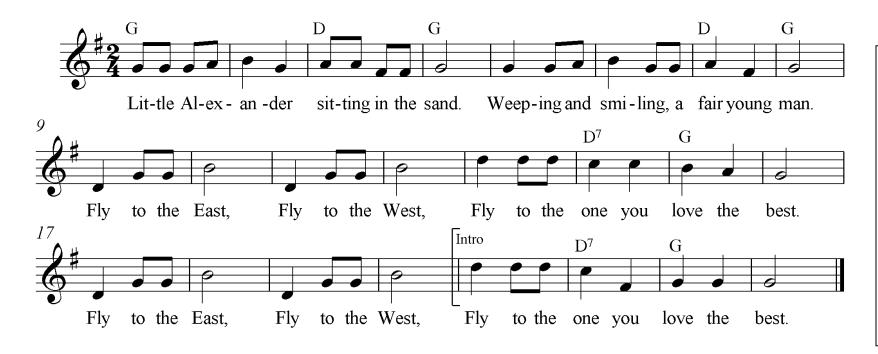


Lhigey Lhigey [Manx Gaelic for Gallop Gallop] is an old children's song about going to the market. In the past, schoolchildren imitated riding the horse by playing a clapping game while they sang. Activity ideas:

- 1. Try singing it with this game: Face a partner and both kneel down on your right knee. Bring your left knees up to meet in the middle. On the first beat of the bar, pat your right thigh and on the next bar clap your partner's hand in the middle. Continue throughout the song.
- 2. Listen to the choral version sung by the children on CD16. How many times do they sing it? [3]. Notice how the tempo gets quicker each time and their use of dynamics (louds and softs).

## Little Alexander





- · Simple time signature 2/4
- · Major tonality
- · High and low pitches
- · Structure

  AABCBC with

  developments
- · Simple notation
- · Drone possibilities
- · Repetition
- · Singing game

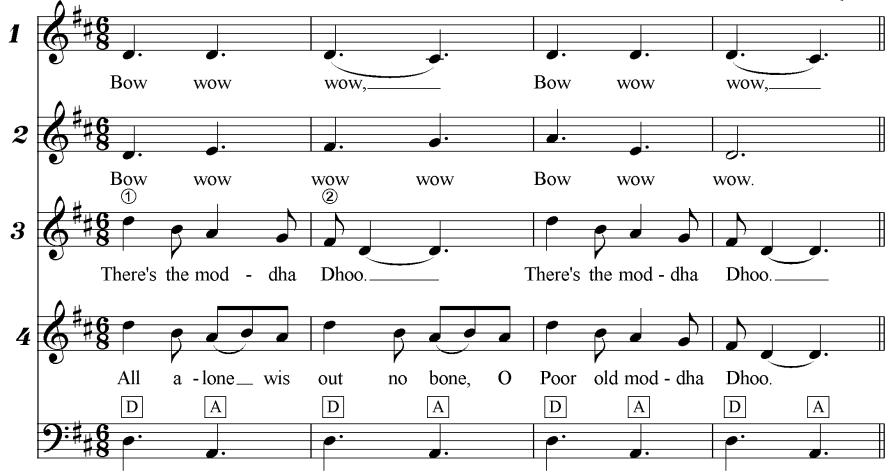
Although this song was collected in the Isle of Man without words in the 1890s, its title suggests that it was probably a version of the singing game 'Little Sally Waters' or 'Little Sally Saucer'.

- 1. Game choose a child to play Alexander and make them sit in the middle of the group. For the first line they pretend to weep and smile while the others sing. They get up for the second line and pretend to look about. The rest of the children point/move *east* and *west* (perhaps give directions in advance!) while singing the words. On the last phrase '... one you love the best' Alexander chooses the next child to play him. (You could also change 'love' to 'like'!)
- 2. Change Alexander's name. e.g. Little Sally Waters... a fair young girl; Little Jonee Maddrell...
- 3. Drone arrangements once familiar with the song, ask some of the children to hold on certain notes for the whole phrase while the others continue singing. e.g. the notes for 'Fly' [D] or 'East' [B].



## There's the Moddha Dhoo





- · Compound time signature 6/8 · Major tonality
- · Tied notes

- · High and low pitches
- · Ostinato

· Syncopation

- · Singing in parts round
- · Cyclic patterns
- · Internalising melody

#### There's the Moddha Dhoo

This tune is from an old Manx song called 'Kiark Katreeney' [Katherine's Hen] but the poet Cushag set these new words for fun! The 'Moddha Dhoo' [usually spelt Moddey] is the legendary black dog from Peel Castle. Pronounce the 'dd' in Moddha as 'the'.

#### Activity ideas:

- 1. As on CD18 sing in the whole song in unison with the ostinato played on chimes or keyboard
- 2. As on CD19 use phrase 1 as a vocal ostinato
- 3. As on CD20 use phrases 1 and 2 as a longer vocal ostinato
- 4. As on CD21 sing phrases 3 and 4 as a round starting after one bar (with or without ostinato)
- 5. Once familiar with the song, divide class into the four parts and ask them to sing their line silently in their head [internalise] and just clap their rhythmic patterns in time with the other parts.



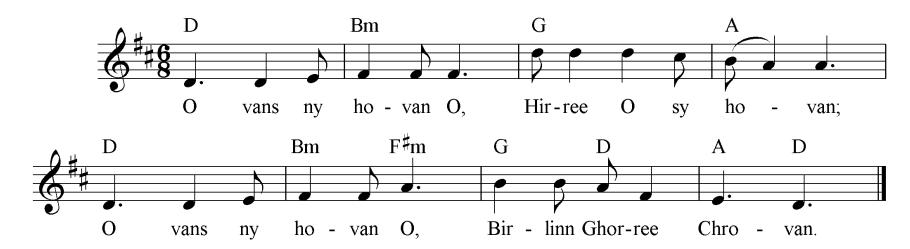
#### Original lyrics to 'Kiark Katreeney' from Manx Ballads and Music [1896]:

Kiark Katreeny Marroo; Katherine's Hen is dead; Kiark Katreeny Marroo; Katherine's Hen is dead; Gow's y kione, Take thou the head, As goyms ny cassyn, And I will take the feet,

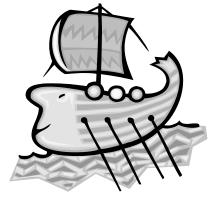
As ver may dee fo'n thalloo. And we will put her under ground.



## Birlinn Ghorree Chrovan



- · Compound time 6/8
- · Major tonality
- · High and low pitches
- · Verse and chorus
- · Listening unaccompanied



This is the chorus from Birlinn Ghorree Chrovan (Godred Chrovan's Galley). It is a Manx version of a Scottish Hebridean song which tells of the Viking, King Orry sailing to the Isle of Man in 1079.

- 1. Sing along with CD23 by joining in with the choruses [not written at pitch] and add percussion
- 2. Pull and push imaginary oars of a longship in time with the beat [see 'Three Little Boats' p.15]
- 3. Discuss the way this song is performed on the CD without instrumental accompaniment
- 4. Learn the whole song see Manx National Song Book for full versions in both Gaelic and English.

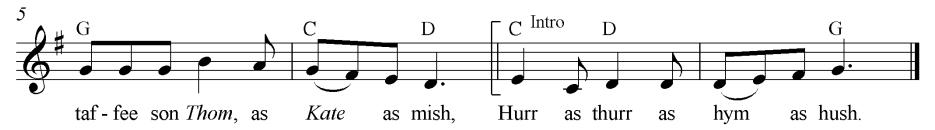




## Cradle Song (Hurr as Thurr)



Hurr as thurr, as hym as hush, Bee maa cheet thie veih Rum - saa nish, Lesh



This Gaelic lullaby collected in 1904 translates as:

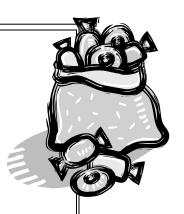
Hurr as thurr, as hym as hush, Mother will come home from Ramsey now,

With toffee for Tom and Kate and me,

Hurr as thurr as hym as hush.

#### Activity idea:

Exchange names *Thom* and *Kate* for other names in your class.

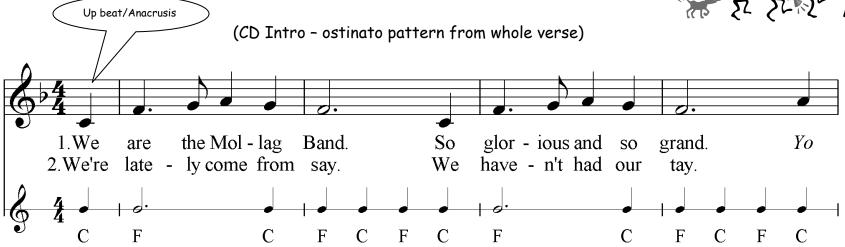


- · Compound time 6/8
- · Major tonality
- · Function lullaby



## The Mollag Band Song







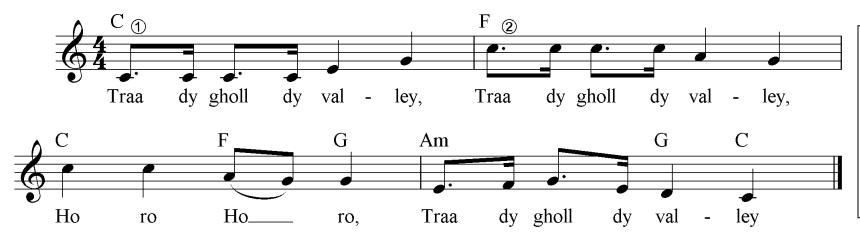
- · Simple time 4/4
- · Major tonality
- · Up beat/anacrusis
- · Structure AABA
- · Dotted rhythms
- · Ostinato cyclic rhythms
- · Verse & chorus

Traditionally, the Mollag Band visited houses at Christmas singing and waving mollags (inflated sheep's stomachs used as buoys!). Dressed in dark and menacing costumes they demanded money from Manx householders. 'Tay' means 'tea' (dinner).

- 1. This is like a march. Children could step in time with the beats and march around the classroom whilst singing
- 2. Ask a small group to sing the verses whilst everyone else joins in for 'Yo Hi' chorus
- 3. As on CD25, some of the children could play the ostinato on chimes/keyboard notes F and C or just play the rhythmic pattern on untuned percussion.



## Traa dy Gholl dy Valley



- · Simple time 4/4
- · Major tonality
- · Structure AABA
- · Dotted rhythms
- · High and low
- · Rhythmic
- · Rhythmic repetition
- · Round

- 1. Traa dy gholl dy valley, Traa dy gholl dy valley, Ho ro Ho ro, Traa dy gholl dy valley!
- 2. Ny jarrood dty chooat nish. Ny jarrood dty chooat nish, Ho ro Ho ro, Ny jarrood dty chooat nish!
- 3. Immee gys y dorrys, Immee gys y dorrys, Ho ro Ho ro, Immee gys y dorrys!
- 4. Traa dy gholl dy valley
  Traa dy gholl dy valley,
  Ho ro Ho ro,
  Traa dy gholl dy valley!

This is a recently composed Manx song which celebrates the best time of the school day - home time! *Translations:* Traa dy gholl dy valley [Time to go home]; Ny jarrood dty chooat nish [Don't forget your coat now]; Immee gys y dorrys [Go to the door].

- 1. On the CD, each verse is sung twice: First by a soloist, then followed by a group of singers. Try performing with a confident soloist or a small group of singers for the first time and everyone else can join in for the repeat
- 2. Add percussion and tuned instruments to the second repeat
- 3. Add actions to the song e.g. 1. & 4. Wave hands goodbye 2. Mime putting coat on 3. Point to a door and mime turning a handle.
- 4. This song could also be performed as a round, starting after the first bar.

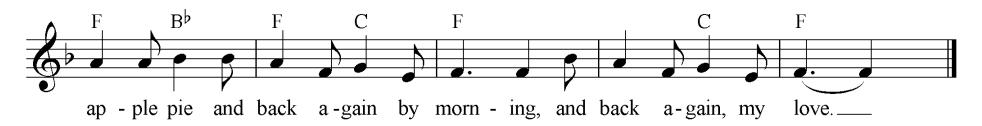


## Last Night as I Lay Sleeping





1.Last night as I lay sleep - ing, I dreamed that I was ri - ding to the Isle of Skye on an



- 1. Last night as I lay sleeping,
  I dreamed that I was riding
  To the Isle of Skye on an apple pie
  And back again by morning,
  And back again, my love.
- 2. Last night as I lay sleeping,
  I dreamed that I was flying
  To the Isle of Mull on a herring gull
  And back again by morning,
  And back again, my love.
- 3. Last night as I lay sleeping,
  I dreamed that I was sailing
  To the Isle of Man in a frying pan
  And back again by morning,
  And back again, my love.

- · Compound time Signature 6/8
- · Major tonality
- · Up beat/anacrusis
- · High and low
- · Rhythmic & melodic repetition
- · Function lullaby



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29 Listening Example

#### Horizon

This Manx music extract demonstrates:

- · Free time signature where there is no definite beat to refer to
- $\cdot$  ICT use of effects on a music programme

#### Activity Ideas:

- 1. Draw shapes with hands in response to the music
- 2. Talk about the instrumentation i.e. [low] *tin* whistle & keyboard/synthesizer
- 3. Compose your own piece of music in free time e.g. use a music writing programme such as Garageband.

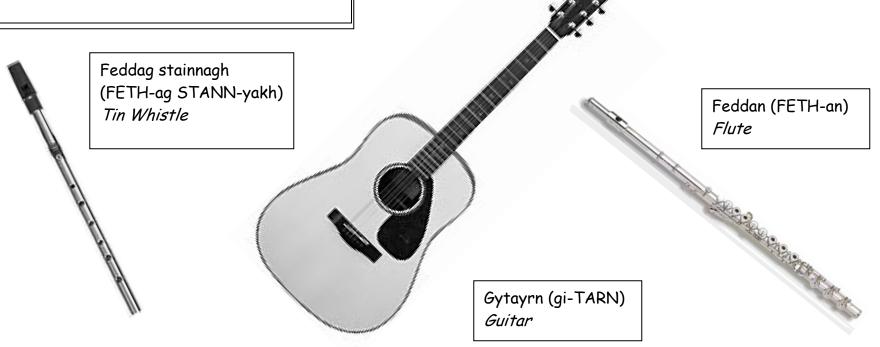


30 Listening Example

## Jerrey y Funk

This Manx music extract demonstrates:

- · Fast tempo with strong beat
- · Middle section long sustained sounds on *flutes* in contrast to short sounds on *guitar* **Activity Ideas**
- · Clap/tap along with a strong steady beat

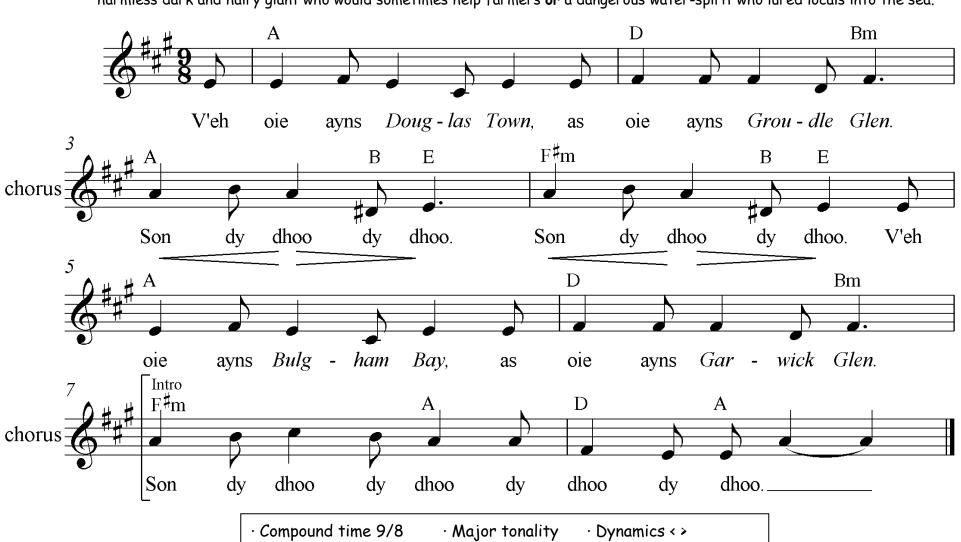






## Arrane y Glashtin

This old Manx song with updated place names [in *Italics*] tells of a Glashtin visiting different parts of the Isle of Man at night: 'He spent a night in Douglas Town and a night in Groudle Glen... oh, the dark, the dark...' In Manx folklore, a Glashtin is either a harmless dark and hairy giant who would sometimes help farmers or a dangerous water-spirit who lured locals into the sea.



- · Up beat/anacrusis
- · High and Low
- · Moods & effects

- · Rhythmic repetition
- · Solo & chorus
- · 3 bar phrases
- · Structure ABAC

## Arrane y Ghlastin

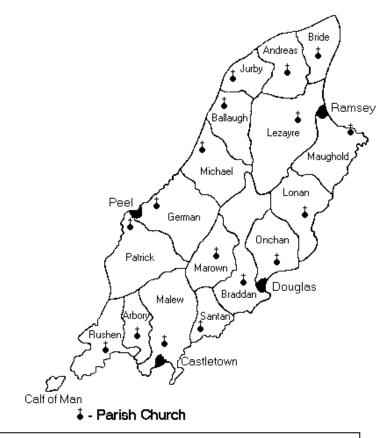
V'eh oie ayns Douglas Town, as oie ayns Groudle Glen.
 Son dy dhoo dy dhoo.
 V'eh oie ayns Bulgham Bay, as oie ayns Garwick Glen
 Son dy dhoo dy dhoo dy dhoo.

2. ... Laxey Bay ... Port Cornaa ... Ballaglass Glen ... Maughold Head

3. ... Ramsey Town ... Point of Ayre ... Jurby Head ... Sulby Glen

4. ... Injebreck ... South Barrule ... Niarbyl Bay ... Spanish Head

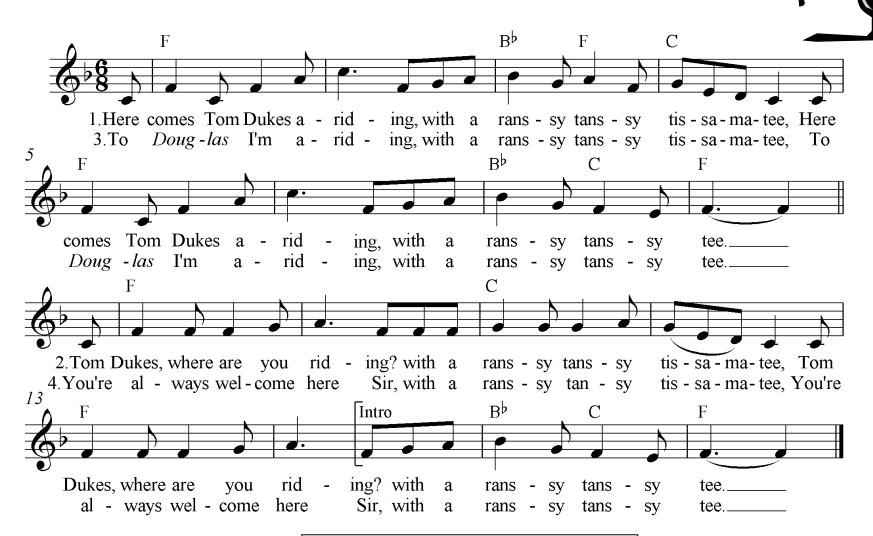
5. ... Calf of Man ... Chicken Rock ... Scarlett Stack ... Silverdale



- 1. Create a spooky atmosphere by whispering some of the phrases, or by getting gradually louder and softer: < crescendo & > diminuendo.
- 2. As on CD31, have a soloist sing the 1st and 3rd lines, with everyone joining in with choruses: 'Son dy dhoo...'
- 3. Ask the children to follow the Glashtin's journey on a map of the Isle of Man. Which parishes are these place names in?
- 4. Think of other places which would fit the rhythms (e.g. foreign countries or shop names!) or exchange for Manx Gaelic place names. e.g. Balley Beg [Ballabeg], Ghlion Meay [Glen Maye], Skylley Stondane [Santon], Kiondroghad [Onchan].



## Here Comes Tom Dukes a-Riding



- · Compound Time Signature 6/8 Jig
- · Major Tonality
- · Up beat/Anacrusis
- · Melodic variation
- · Rhythmic repetition
- · Listening Melody & Accompaniment
- · Phrasing

#### Here Comes Tom Dukes a-Riding

#### Activity Ideas:

- 1. This song is likely to have derived from a traditional children's singing game called 'Three Dukes' found in Britain and America. *Try this with your class:*
- Boys hold hands in a line facing a line of girls holding hands. They will take turns to sing each verse. Singing verse 1 the boys advance towards the girls for the first phrase and retire for the 2<sup>nd</sup>. The girls then advance and retire while singing verse 2. The same applies for the rest of the song, with the boys singing verse 3 and girls singing verse 4
- 2. As on CD 32, accompany the song with percussive sound effects such as the clip-clop of coconut shells
- 3. Ask the class to think of other place names to exchange with Douglas. Make up more verses
- 4. Listen to the folk group version played as a jig [CD33]. Discuss the instrumentation, tempo, variation in melody, etc.



34 Listening Example:

## Shooyl Inneenyn

This Manx dance tune played by a Manx folk group demonstrates:

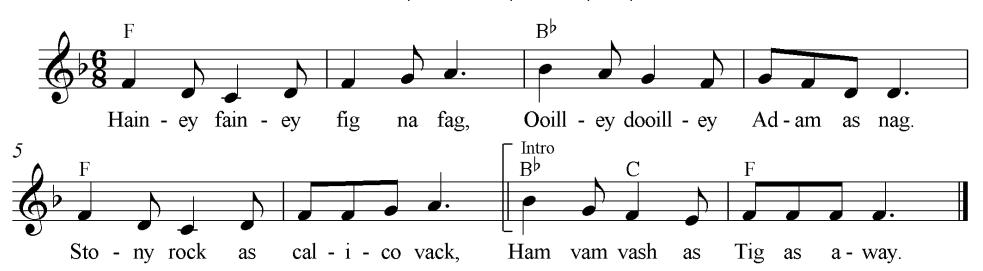
- · Contrasting tempos on one piece of music: slow A tune quick B tune
- · Instrumentation in Manx folk music
- · Minor tonality
- · Listening melody & accompaniment

- 1. Lightly tap the beat of the music along with the CD track note the change in tempo
- 2. Discuss the arrangement how many times are the contrasting tunes played? [slow  $\times$  2, fast  $\times$  4, slow  $\times$  1]. What are the instruments? [harp, low whistle, (high) whistles, guitar, mandolin, bodhrán (drum)]. Which play the melody and which play the accompaniment? Which instruments make long and short sounds? Who comes in first? Which instruments play the slow tune at the end? What type of time signature? [simple 2/4].



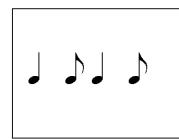
## Hainey Fainey

This is a traditional counting-out rhyme for the game of 'Tig'. Here the nonsense words have been adapted and set to a Manx folk tune. Pronounce 'ey' [as in Hainey or Ooilley] as 'ya'.



- · Compound time signature 6/8
- · Major tonality
- · Notation one bar different [bar 2]
- · Structure ABAB with development
- · Social function of lyrics counting game for 'tig'

- 1. Chant the song on one note.
- 2. Make rhythm flash cards and ask pupils to put them in the correct order of the song.
- 3. Discuss contemporary counting rhymes used for playground games. Do they have nonsense words too? Work out their rhythmic patterns.

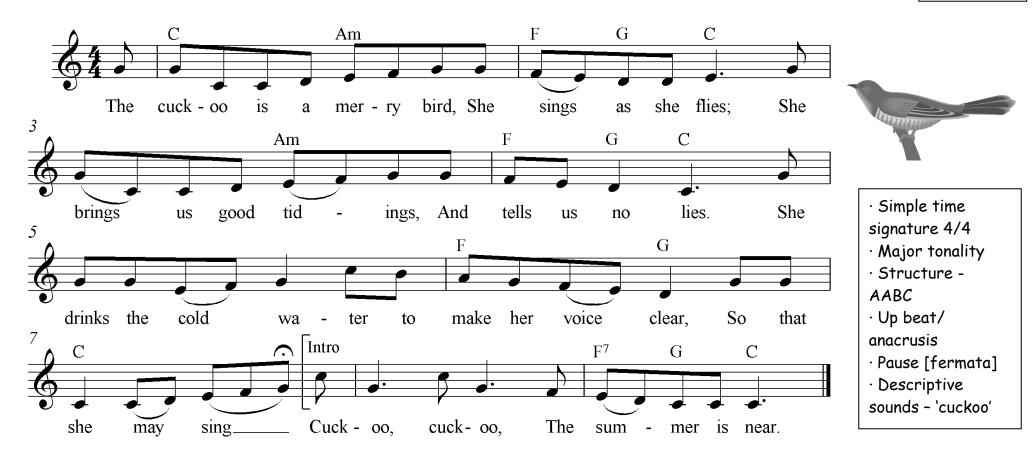






## Y Cuccu [The Cuckoo]





1. The cuckoo is a merry bird, She sings as she flies, She brings us good tidings, And tells us no lies. She drinks the cold water to Make her voice clear; So that she may sing - Cuckoo, cuckoo, The summer is near.

2. The cuckoo is a giddy bird,
No other is like she,
That flits across the meadow
To sing in every tree.
A nest she never builds,
A vagrant she does roam;
And her song is sad and tearful Cuckoo, cuckoo,
"I do not have a home."
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3. The cuckoo is a witty bird,
Arriving with the spring.
When summer suns are waning
She spreads wide her wing.
She flies away at winter,
She hates the rain and snow;
And like her, I'd be singing Cuckoo, cuckoo,
And off with her I'd go!



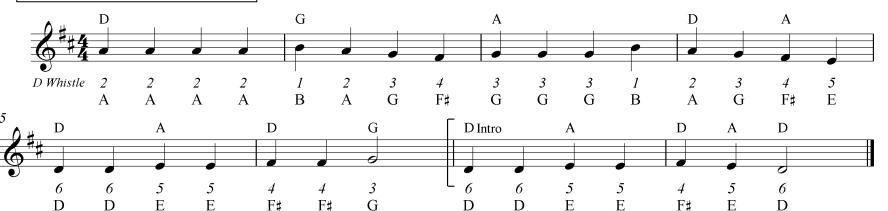
- · Simple time signature 4/4
- · Major tonality
- · Playing instruments
- · Reading musical notation







## The Cormorant





## The Crabfish



These two Manx tunes are especially good for beginner whistle, recorder and violin.

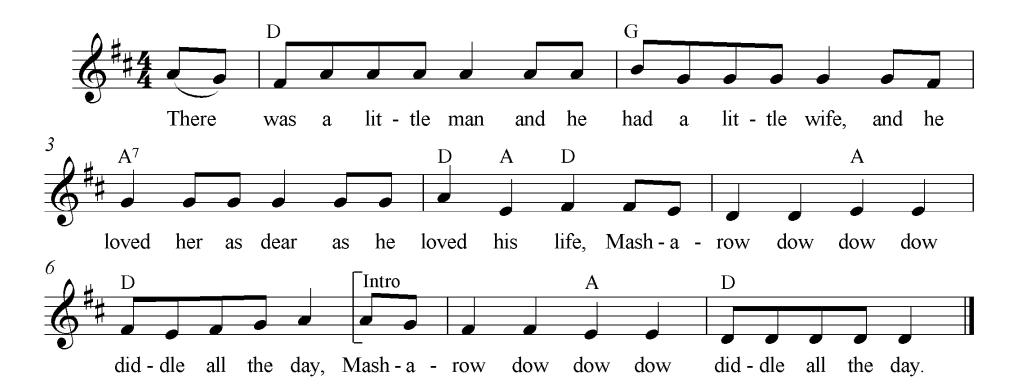
D whistle finger numbers are given underneath the notes - see appendix 2 for the whistle fingering chart.

- 1. These tunes go well together as a set and by using the chord symbols could be accompanied by chime bars or keyboard
- 2. 'The Crabfish' is a simplified version of the song overleaf. They can be sung and played together as on CD39.





## The Crabfish [Song]



#### Activity Idea:

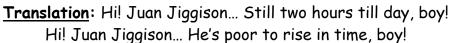
'The Crabfish' has a simplified version for instruments overleaf. They can be sung and played together - as on CD39.

- · Simple time signature 4/4
- · Major tonality
- · Perform with instruments
- · Up beat/Anacrusis



## Hi! Juan Jiggison

This lazy farm hand finds it difficult to wake up in the morning!







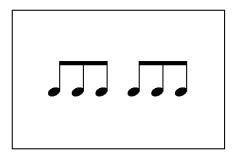


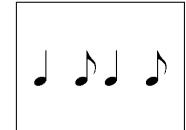
Hi! Ju - an Jig - gi - son, Hi! Ju - an Jig - gi - son, T'eh boght dy ir - ree ayns traa buy!

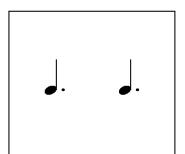
- · Compound time 6/8
- · Major tonality
- · Scale pitch
- · Rhythmic patterns
- · Simple notation

#### Activity Idea:

Make rhythm flash cards and ask pupils to put them in the correct order of the song.



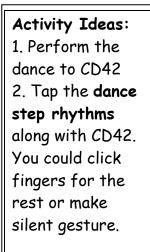




## Flitter Dance



A traditional dance associated with Good Friday when Manx people used to collect flitters (limpets) from the beach, cook them on an open fire, then stamp on the embers.





- · Simple Time 4/4
- · Minor tonality
- · Dance moving to music
- · Beats & rhythms
- · Counting rests

Bars	Dance Instructions
Intro	Couples dance with left hands extended and right hands joined in processional form. Wait for Intro
1-4	Shuffle stamp. Right-Left-Right [rest], LRL [rest], RLR [rest], L [rest] R [rest].
5-8	Shuffle stamp as above, but start on left foot LRL - RLR - LRL - R- L-
9-12	Girls dance 4 steps left passing in front of boys who simultaneously dance 4 steps right. Both partners give a single balance on the last step then return to places in 4 side steps with a single balance on the last.  Repeat as above except on return dance 2 side steps (slightly longer) and 2 stamps (boys LR) (girls RL), partners joining hands and boys turning girls into place.



# Wool Winding Song

Hal-i-gan Hal-i-gan, Hal-i-gan Hal-i-gan, Hal-i-gan Hal-i-gan Lin-ky Long.

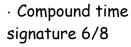
Hal - i - gan Hal - i - gan, Hal - i - gan Lin - ky Long.



D

D

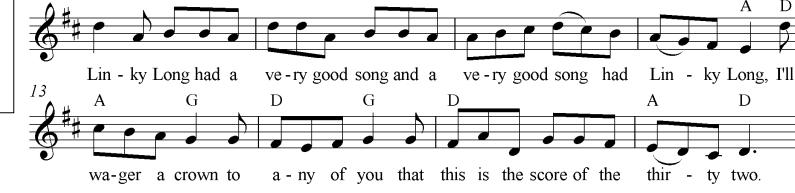
D



- 2 beats per bar

5

- · Major tonality
- · Structure AABC
- · 32 beats
- · Beats & rhythms
- · Social function of lyrics
- work song
- · One note ostinato



## This is a Manx 'work song' collected in the 1890s and it is associated with wool-winding.

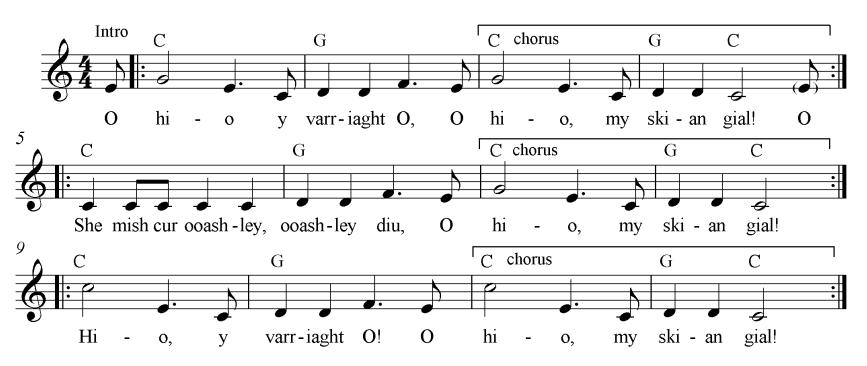
After the sheep's wool had been spun into yarn by the spinner, it was wound for use in weaving and knitting. The wool was often wound around a wooden hand tool called a 'niddy noddy' to produce hanks of yarn. Singing this rhythmical song while working would have ensured the lengths of wool were equally measured.

## **Activity Ideas:**

- 1. Ask the children to count the beats on their fingers while listening to the first verse on CD43 and they should arrive at 'thirty two' as mentioned at the end of the song! Test their maths - how many beats if the song was sung twice, etc.?
- 2. Hold an imaginary niddy noddy in one hand and mime winding the wool around it with the other hand as you sing. Or make a real niddy noddy from card and wool! Repeat the song and gradually get faster [accelerando] while trying to keep the beat steady.
- 3. As on CD43, add a spoken or one note ostinato [D or A] of 'haligan' repeated behind song.



# Reeaghyn dy Vannin [Kings of Mann]



- · Simple time signature 4/4
- · Structure AA'BA'CA'
- · Up beat/ anacrusis
- · Repetition melodic motifs
- · Singing in parts solo & chorus
- 3 parts
- round
- Social function of lyrics - to accompany a sword dance

Reeaghyn dy Vannin (pronounced 'Ree-agh-<u>in</u> the Vannin') was used to accompany the Dirk Dance, a solo male sword dance. In most Gaelic countries, this type of singing is called 'purt y beayll' which means 'mouth music'. In this dance, the music gradually gets quicker towards to the end.

## Activity ideas:

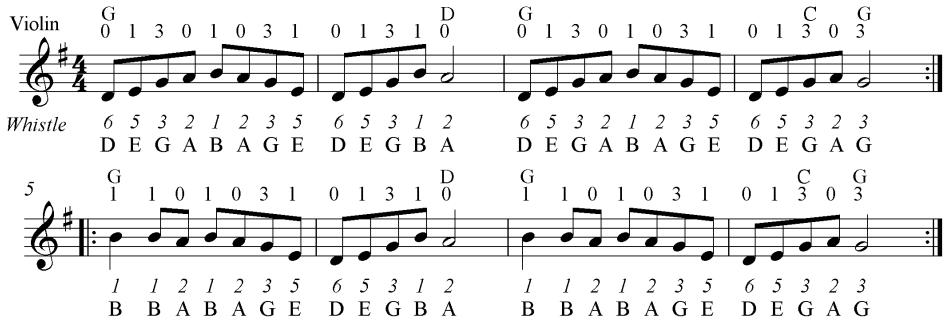
- 1. As on CD44 perform with solo voice/s and chorus
- 2. As on CD45 sing lines simultaneously in 3 parts, add one part at a time or perform as a round
- 3. Gradually speed up (accelerando.). Select a student to clap the beat (starting steadily and getting quicker) while others listen and follow with their singing.



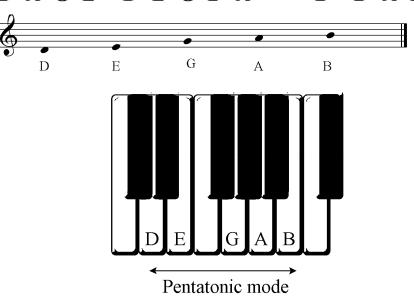


## Nelson's Tonic

This is a recently composed tune by Manx musician Peddyr Cubberley. He wrote it in the *pentatonic* mode when he was studying at Nelson's College in England.



- · Simple time 4/4
- · Pentatonic mode
- 5 note scale
- uses notes DEGAB
- · Structure AA'BB'
- · Repetition motifs
- · [High] whistle
- · Playing in parts
- · Unison & harmony



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#### Activity Ideas:

- 1. Play this tune on whistle, recorder, violin, chimes or keyboard. See appendix 2 for D whistle fingering chart. [NB. You could transpose the piece down a semitone by playing it only on the black keys of the piano]
- 2. Play lines 1 and 2 together to demonstrate unison & harmony
- 3. Ask class to compose their own pentatonic melody using notes DEGAB [G Scale]
- 4. Listen out for the *ornamentation* on CD46 and the contrast of pitch between the high and low whistles on this track and the next [CD47 Manannan Beg Mac y Leirr].

# Manannan Beg Mac y Leir



[Little Manannan Son of Leir]



This is a song which asks the Sea God 'Manannan' to bless the fishing boats.

#### **Activity Ideas:**

- 1. Listen to the contrast between high and low whistles from the previous track [CD46 Nelson's Tonic]
- 2. Play this tune on whistle, recorder, violin, chimes or keyboard. NB. the use of high D' and E' in comparison to the previous piece. Talk about octave intervals
- 3. Learn the Manx or English words from the book Ree ny Marrey
- 4. Compose a new melody using the pentatonic mode.

- · Simple time 4/4
- · Pentatonic Mode
- 5 note scale
- uses notes DEGAB D'E'
- · Structure AABACACA
- · Dotted rhythms
- · Repetition motifs
- · Low whistle
- · Octave interval



## Manannan Song

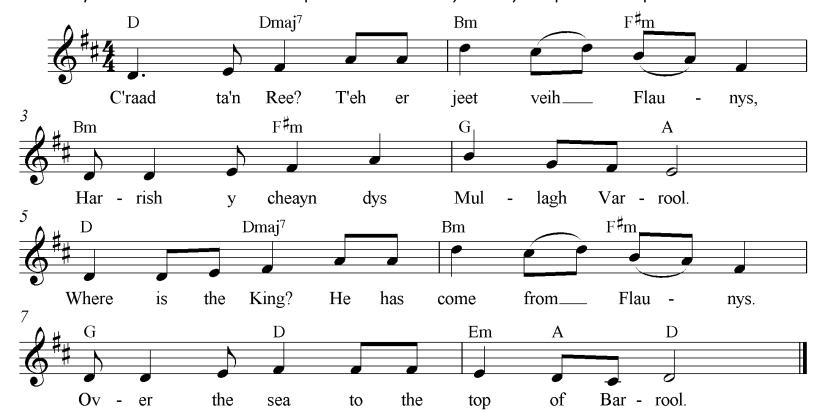
Manannan was a Sea God who lived on South Barrule [Barrool].

'Flaunys' is a Manx Gaelic term for 'paradise'. See Ree ny Marrey for piano accompaniment.

- · Simple time signature 4/4
- · Major tonality
- · Structure ABAB'
- · Dotted rhythms
- · Question & answer
- · Melodic shapes and phrasing

#### Activity Ideas:

- 1. This is usually sung in Manx with the verse repeated for music lines 3 and 4. The version on the CD mixes both the Manx and the English translation.
- 2. Soloists could sing the questions and the rest of the class sing the answers or two groups sing two lines each.



1. C'raad ta'n Ree?

T'eh er jeet veih Flaunys Harrish y cheayn dys mullagh Varrool. [x 2 if singing fully in Gaelic]

2. C'red t'eh jannoo?

T'eh jeeaghyn my heear

Soie fo chay er mullagh Varrool. [x 2]

3. Quoi ta'n Ree?

Ta'n Ree Manannan

Ta cashtal echey er mullagh Varrool. [x2]

Where is the King?

He has come from Flaunys

Over the sea to the top of Barrool.

[x 2 if singing fully in English]

What is he doing?

He's looking behind him

Sitting under mist on top of Barrool. [x 2]

Who is the King?

The King is Manannan

He has a castle on top of Barrool. [x2]

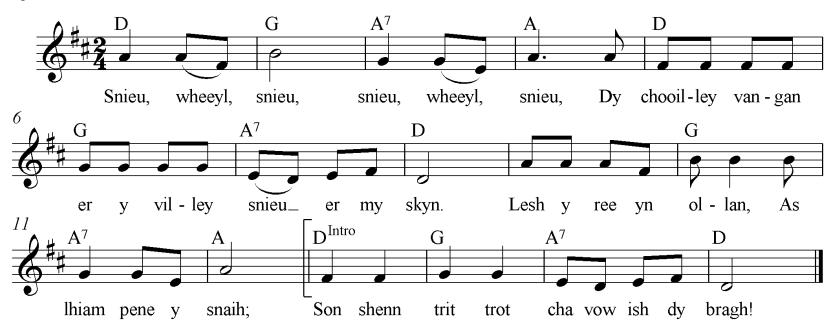
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# Arrane Queeyl Nieuee [Spinning Wheel Song]



As well as being a work song, Arrane Queeyl Nieuee (pron. 'Arr-airn 'k'wheel new') is associated with the folk tale 'The Lazy Wife' in Sophia Morrison's *Manx Fairy Tales*.



Simple time
signature 2/4
Major tonality
Melodic
sequencing
Social function of
lyrics - work song
For English
translation
& piano

accompaniment see

Ree ny Marrey

1. Snieu, wheeyl, snieu,
Snieu, wheeyl, snieu,
Dy chooilley vangan er y villey
Snieu er my skyn.
Lesh y ree yn ollan,
As lhiam pene y snaih;
Son shenn trit trot
cha vow ish dy bragh!

2. Snieu, wheeyl, snieu,
'Rane, wheeyl, 'rane,
As dy chooilley chlea er y thie
Snieu er-my-hon.
Lesh y ree yn ollan bane,
As lhiam pene y snaih;
Son shenn trit trot
cha vow ish dy bragh!

3. Snieu, wheeyl, snieu,
'Rane, wheeyl, 'rane,
As dy chooilley tonn er y traie,
Snieu er-my-hon.
Lesh y ree yn ollan keeir,
As lhiam pene y snaih;
Son tra vees y Fidder cheet
cha vow ish dy bragh!

The name 'Mollyndroat' can be exchanged with 'Trit Trot' to fit with the fairy tale. Also known as 'Spin Wheel Spin' or 'Snieu Wheeyl Snieu'. **Activity Idea**: Play along on whistles - see Appendix 2.



## Hunt the Wren [Dance]



This dance and song is associated with the widespread custom of hunting the wren on St. Stephen's Day [26th Dec]. The dead wren would be suspended on a pole decorated with ribbons and evergreen leaves. Although no wrens are harmed anymore, this dance and song are still performed in the Isle of Man each year.

- Compound time signature 6/8Major tonalityUp beat/Anacrusis
- · Structure ABA = D.C. al fine return to the beginning until reaching Fine
- · Occasion
- · Moving to music
- dance



Music	Bars	Dance Instructions - Adapted from Rinkaghyn Vannin
Intro		Form a large circle of couples. If possible, an extra person holds a wren pole/bush in the middle. Wait for Intro
Α	1-4	Hands joined in a ring, girls on right of boys, all swing right foot over left and stamp it on the first beat, then continue in <i>running</i> step round clockwise for 8 beats.
	5-8	All swing L foot over R and stamp it, then continue in <i>running step</i> round counter-clockwise for the next 8 beats.
В	9-12	Girls dance 2 reel steps forward to centre and shake their fists at the 'wren bush'. Simultaneously, boys dance 1 reel step backward and 1 forward.
	13-16	Girls face outwards and dance 1 <i>reel step</i> back towards original places, and a second one turning right again so that they are back in position facing inward, as at the start of the dance. Simultaneously, boys dance one <i>reel step</i> forward, honour the 'bush', turn right, and dance one <i>reel step</i> outward, finishing with backs to the centre and facing their partners. In this movement, partners pass each other by the right shoulder.
Α	1-4	All couples Reel spin.
	5-8	Boys cross their partners handing right, move on to the next girl, take her L hand in their right and make one complete turn with her, so that she is in position on their right to start the next round as a new partner. REPEAT DANCE (Played 4 times on CD52)

# Hunt the Wren [Song]



Perform these lyrics to the dance melody (overleaf)

\* Sung lower than written music - voice starts on F.



1. "We'll hunt the wren," says Robin the Bobbin,
"We'll hunt the wren," says Richard the Robin,
"We'll hunt the wren," says Jack o' the land,
"We'll hunt the wren," says everyone.

"Where oh where?" says Robin the Bobbin,
"O Where oh where?" says Richard the Robin,
"Where oh where?" says Jack o' the land,
"O Where oh where?" says everyone.

"In yonder green bush," says Robin the Bobbin,
"In yonder green bush," says Richard the Robin,
"In yonder green bush," says Jack o' the land,
"In yonder green bush," says everyone.

2. "How'll we eat him?" says Robin the Bobbin, "How'll we eat him?" says Richard the Robin, "How'll we eat him?" says Jack o' the land, "How'll we eat him?" says everyone.

"With knifes and forks," says Robin the Bobbin,
"With knifes and forks," says Richard the Robin,
"With knifes and forks," says Jack o' the land,
"With knifes and forks," says everyone.

"Who'll come to the dinner?" says Robin the Bobbin, "Who'll come to the dinner?" says Richard the Robin, "Who'll come to the dinner?" says Jack o' the land, "Who'll come to the dinner?" says everyone.



3. "The King and the Queen," says Robin the Bobbin, "The King and the Queen," says Richard the Robin, "The King and the Queen," says Jack o' the land, "The King and the Queen," says everyone.

"Eyes to the blind," says Robin the Bobbin,
"Legs to the lame," says Richard the Robin,
"Luck to the poor," says Jack o' the land,
"Bones to the dogs," says everyone.

The wren, the wren, the king of all birds, St. Stephen's Day was caught in the furze [gorse], Although he is little, his family's great, We pray you, good people to give us a treat.

This is a condensed version of the traditional song. The song is often performed to accompany the dance. **Activity Ideas:** 

- 1. As it is a very fast song, divide the lines between different groups of singers
- e.g. *Group One* could sing the first two lines and *Group Two* sings the last two lines. Everyone could sing the final verse.
- 2. Add untuned percussion to accentuate the beat
- 3. Try accompanying the Hunt the Wren dance with the song. NB. The written key for the instrumental version is at higher pitch than the vocal version on CD53.



# National Anthem Arrane Ashoonagh



Written in 1907 by W.H. Gill, the National Anthem of the Isle of Man is based on a Manx folk tune called 'Mylecharaine'.



- · Simple triple time signature 3/4 3 beats per bar
- · Major tonality
- · Up beat/anacrusis
- · Social function of lyrics Occasion

Activity Idea: Perform with instruments e.g. violin, whistle, trumpet, etc.

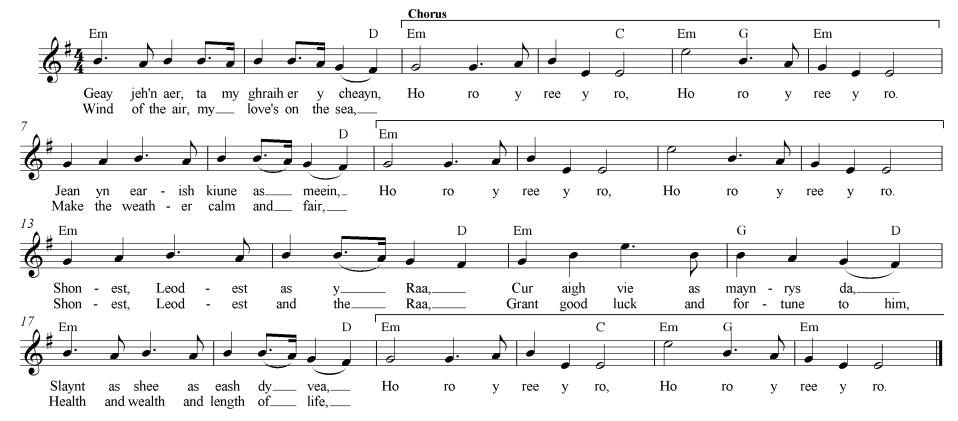
See Ree ny Marrey for this piano accompaniment & Manx National Song Book for the full 8 verses.



## Sea Invocation



#### A Manx Gaelic prayer for the fishermen



NB. Raa can be pronounced as either 'rare' or 'ray' and da as 'dare' or day' Activity ideas:

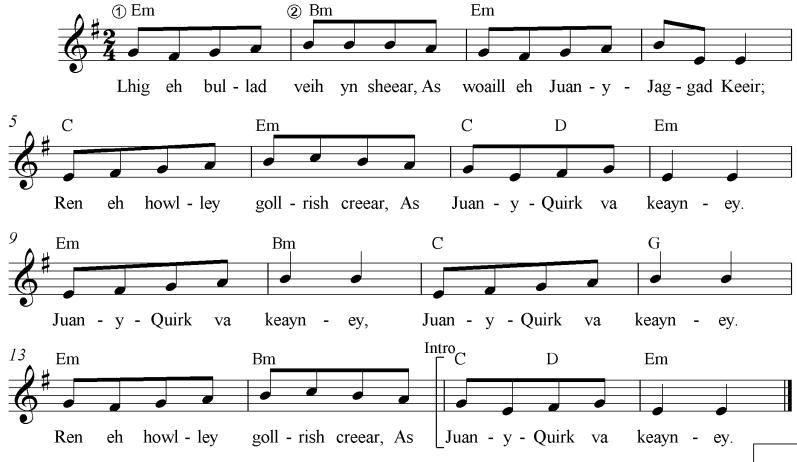
- 1. As on CD58, have a soloist or small group sing the first parts, with everyone else on the 'Ho ro' chorus
- 2. As on CD59 sing the 'Ho ro' chorus as a round starting one bar after another
- 3. This key is suitable for whistle and violin so try adding instruments.

- · Simple time signature 4/4
- · Major tonality
- · Singing in parts
- Solo and chorus
- Round
- · Structure ABCBCDAB
- · Social function of lyrics blessing



# Juan y Jaggad Keeir

An old children's song about John with the grey jacket getting hit by a bullet from the west!



- · Simple time signature 2/4
- · Minor tonality
- · Singing in parts
- Round
- · Structure ABCA'
- · Simple notation

#### Activity ideas:

- 1. As on CD60, perform as a round starting after one bar
- 2. Notate rhythms using flashcards.

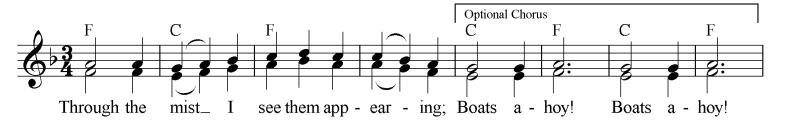
Manx Heritage Foundation © 2008B



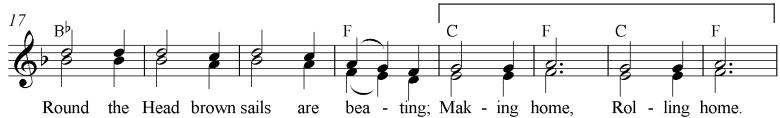


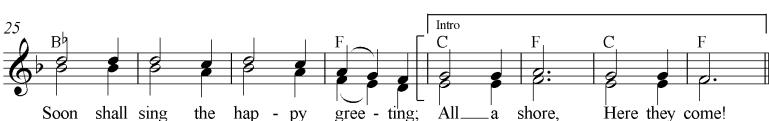
## Shiaull y Cheayn [Sailing the Sea]











Pronounce 'Shiaull y Cheayn' as 'shawl er hean'. Song is also titled 'The Return of the Boats'.

## Activity ideas:

- 1. Sing in unison by following the upper melody
- 2. Solo and chorus Solo singer or small group and chorus
- 3. As demonstrated on CD56 and written above, this song can be performed in two part harmony by singing a major 3rd below the melody. Finish on the same note.

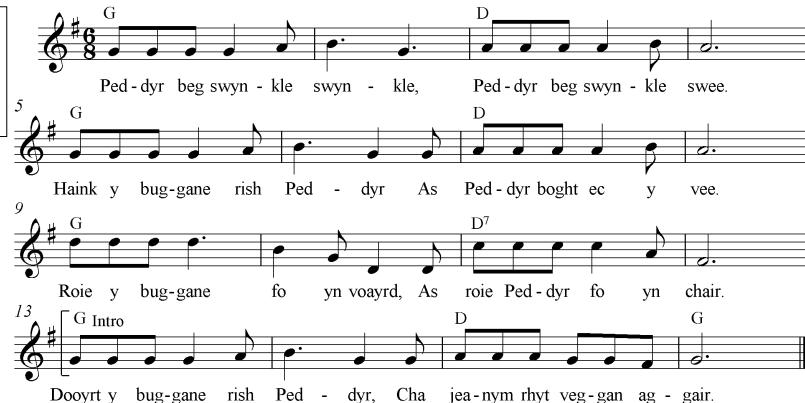
- · Simple triple time signature 3/4
- · Major tonality
- · Singing in parts
- Harmony in major third intervals
- · Structure AABB
- · Solo & chorus
- · Social function of lyrics fishing



## Peddyr Beg Swynkle

This is an old children's rhyme set to new music. The words 'fo yn voayrd' and 'fo yn chair' mean 'under the table' and 'under the chair'. The music deliberately descends in pitch to illustrate the meaning - word painting.

- · Compound signature 6/8
- · Major tonality
- · Structure AABA'
- · Word painting



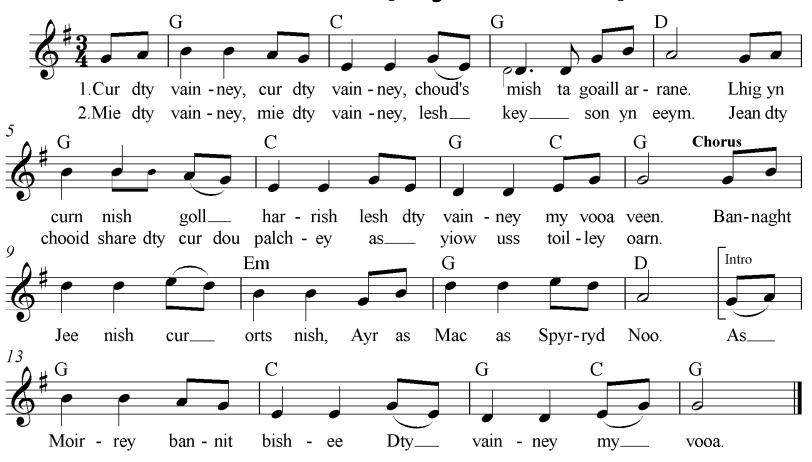


#### Translation:

Little Peter swynkle swynkle, Little Peter swynkle swee. The buggane came to Peter, And poor Peter at his meat. The buggane ran under the table And Peter ran under the chair; Said the buggane to Peter, I'll do you no harm - so there.

# Arrane Ben-Vlieaun [Song of the Milkmaid]





- · Pentatonic Mode
- DEGAB D'E'
- · Simple Time 3/4
- · Verse & Chorus
- · Up beat/anacrusis
- · Social function of lyrics - work song & blessing See *Ree ny Marrey* for piano acc.

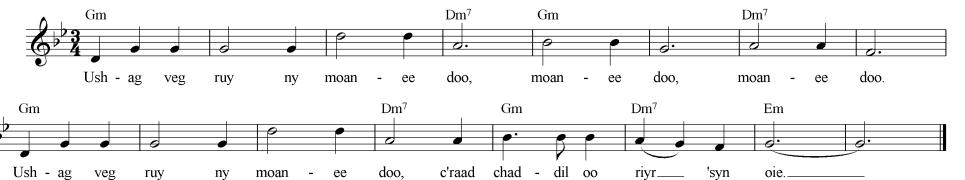
Also known as 'Cur dty Vainney' [Give your Milk] this song asks for a blessing to be made on the milk. Activity ideas:

- 1. This melody is in the pentatonic mode [G scale]. Play this on a melodic instrument such as D whistle, violin, keyboard or chime bars. See Appendix 3 for whistle & violin finger numbers
- 2. Experiment with harmonies by holding on pedal notes from the 'pentatone'
- 3. Compose a new melody using the pentatonic mode.



# Ushag Veg Ruy [Little Red Bird]





- · Simple Time 3/4
- · Minor tonality mood
- · Verse & chorus
- · Melody & accompaniment

The *chorus* of this song asks:

"Little red bird of black moor... where did you sleep in the night?" In the verses the bird answers that he had a wretched night's sleep as he had to sleep on top of a bush, a briar and then a wave. Finally, in verse 4, he gets a peaceful night's sleep - between two leaves.

Activity Idea: Listen to CD66 (not at written pitch) and discuss the arrangement. Choose soloists/small groups to sing individual verses while the rest sing the chorus.

#### Chorus/Co-chiaull

Ushag veg ruy ny moanee doo, moanee doo, moanee doo, Ushag veg ruy ny moanee doo, c'raad chaddil oo riyr 'syn oie?



- 1. Nagh chaddil mish riyr er baare y crouw, baare y crouw, baare y crouw, Nagh chaddil mish riyr er baare y crouw, as Ogh! my chadley cha treih. *Chorus/Co-chiaull*
- 2. Nagh chaddil mish riyr er baare y dress, baare y dress, baare y dress, Nagh chaddil mish riyr er baare y dress, as Ogh! my chadley cha treih. *Chorus/Co-chiaull*
- 3. Nagh chaddil mish riyr er baare y tonn, baare y tonn, baare y tonn, Nagh chaddil mish riyr er baare y tonn, as Ogh! my chadley cha treih. *Chorus/Co-chiaull*
- 4. Chaddil mish riyr eddyr daa ghuillag, eddyr daa ghuilllag, Chaddil mish riyr er eddyr daa ghuillag, as Ogh! my chadley cha kiune.

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# Manx Dance Steps



Descriptions adapted from Rinkaghyn Vannin (1983)

#### Manx Waltz

Partners stand close together side by side, boy's right arm round the girl's waist and girl's left hand on the boy's right shoulder. The outside hands are joined, the boy's palm facing upwards, the girl's placed on top and the arms extended obliquely downwards. Keeping this position partners revolve clockwise with **Manx reel step**, beginning with the right foot.

#### Arms Raised

Raise both arms in 'W' shape so hands are at shoulder height with arms slightly bent.

#### Slip Step

When dancing sideways in a circle, place emphasis on directional foot [i.e. left for clockwise] and follow with the other.

#### Balance

Step on to the right foot and swing the left foot across in front of it; then step on to the left foot and swing the right foot across.

#### Manx Side Step

A rather smooth step. When moving to the right, dancers take a small spring sideways on to the right foot, then bringing up the left foot behind the right, transfer the weight on to the left foot (2 beats).

#### Reel Spin

A spin occupies 4 beats. In the pivot the weight is kept over the right foot, the turn being made on the ball of the right foot, the 'push off' being given with the toe of the left.

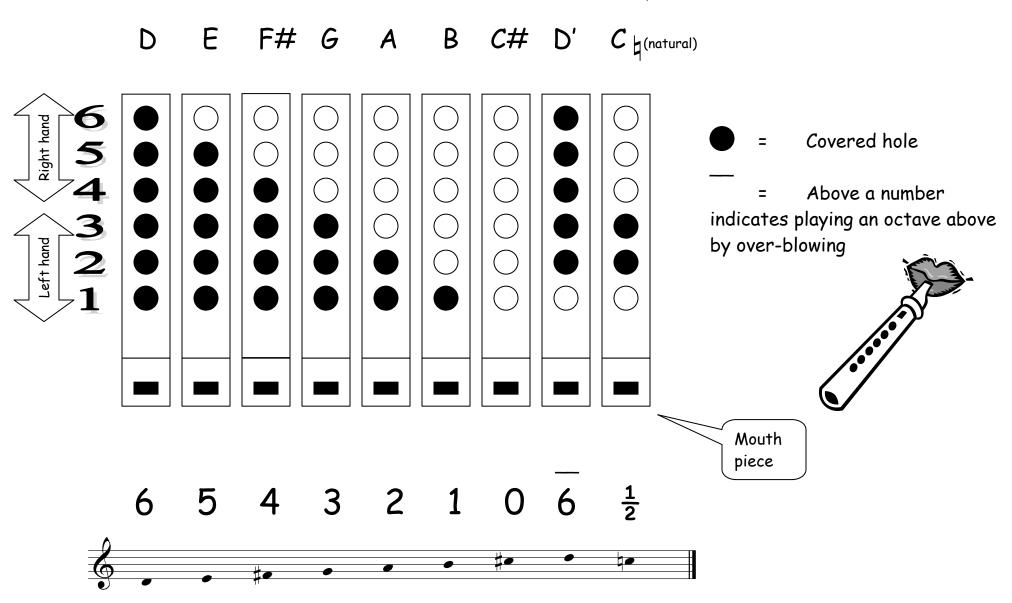
#### Manx Reel Step

1 step occupies 4 beats. 3 small running steps keeping the feet close to the ground and a hop on the 4th beat swinging the free foot across in front of the other ankle with a slight inward 'kick'. R.L.R. Hop R. - L.R.L. Hop L. etc.



# Tin/Penny Whistle Finger Chart (D Major)

\* Note that the chart shows the whistle mouthpiece at the bottom.



#### TIPS ON GETTING STARTED

- 1. With the whistle mouth piece pointing towards you, put the 3 middle fingers [index, middle & ring] of your LEFT hand over the top 3 holes (finger numbers 1, 2, 3). Put the same middle fingers of your RIGHT hand over the bottom 3 holes (4, 5, 6). You can support the whistle by placing your thumbs behind. Cover holes firmly with the pads of your fingers (not the tips), so air cannot escape. When all of the holes are covered, this is low D or 6, the lowest note you can play on this whistle.
- 2. Place the whistle mouth piece in your mouth (between your lips, not teeth!). Blow gently but firmly to achieve a sound. Cover the holes to produce different notes starting at 1 [B] and adding more fingers until you reach the bottom 6 [D] is often easiest. If the notes squeak, there is either air getting through the holes or you're blowing too hard.
- 3. Picking up speed, try playing down from 1-6 [B-D], and back up from 6-1 [D-B].
- 4. Add two more notes to create the D major scale. Uncover all holes to create 0 [C#] and try the higher 6 [D' an octave above] by blowing harder (over-blowing) and releasing the 1<sup>st</sup> finger. [D major scale ascending: 6, 5, 4, 3, 2, 1, 0, 6'].
- 5. Similarly, over-blow to achieve any notes in the octave above.
- 6. Accidentals can be produced by half covering the finger holes.

## Easy tunes to play:

\* Dashes [-] indicate holding a note on for further beat/s

#### MARY HAD A LITTLE LAMB 4/4

#### TWINKLE TWINKLE LITTLE STAR 4/4

## THE CORMORANT 4/4 (see p.34)

## ARRANE QUEEYL NIEUEE 2/4 (see p.43)

## HI! JUAN JIGGISON 6/8 (see p.36)

# Appendix 3 - Ensemble Music





# Smuggler's Lullaby

Counter Melody



# Arrane Ben-Vlieaun



## [Song of the Milkmaid]



# Appendix 4 - References to the QCA National Curriculum for Music Key Stage 1 & 2

	QCA Units	Ongoing skills	Sounds interesting	The long & short of It	Feel the pulse	Taking off	What's the score?	Rain, rain, go away	Ongoing skills	Animal Magic	Play it again	The class orchestra	Dragon Scales		Salt, pepper, vinegar, mustard		Cyclic patterns	Roundabout	Journey into Space	Songwriter	Stars, hide your fires	Who knows?
p.	Title/Unit no.	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21
5	Step Dance [dance]																					
6	Fer ny Clien Click																					
7	Smuggler's Lullaby																					
8	Well Done Tom!																					
9	Jingle the Bells																					
10	Y Mheillea [ <i>dance</i> ]																					
12	A Boy to Run																					
13	Lady I have Gold and Silver																					
14	Are you Ready for a Fight?																					
15	Three Little Boats																					
16	I Have a Little Frog				_																	
18	Lhigey Lhigey																					
19	Little Alexander																					
20	There's the Moddha Dhoo																					
22	Birlinn Ghorree Chrovan																					
23	Cradle Song (Hurr as Thurr)																					
24	The Mollag Band Song																					
25	Traa dy Gholl dy Valley																					
26	Last Night as I Lay Sleeping																					
27	Horizon [listening]																					
27	Jerrey y Funk [listening]																					
28	Arrane y Glashtin																					
	Title/Unit no.	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21

	QCA Units	Ongoing skills	Sounds interesting	The long & short of It	Feel the pulse	Taking off	What's the score?	Rain, rain, go away	Ongoing skills	Animal Magic	Play it again	The class orchestra			Salt, pepper, vinegar, mustard		Cyclic patterns	Roundabout	Journey into Space	Songwriter	Stars, hide your fires	Who knows?
p.	Title/Unit no.	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21
30	Here Comes Tom Dukes																					
31	Shooyl Ineenyn [listening]																					
32	Hainey Fainey																					
33	У Сисси																					
34	The Cormorant																					
34	The Crabfish [tune]																					
35	The Crabfish [song]																					
36	Hi Juan Jiggison																					
37	Flitter Dance [dance]																					
38	Reeaghyn dy Vannin																					
38	Wool Winding Song																					
40	Nelson's Tonic																					
41	Manannan Beg Mac Y Leirr												_									
42	Manannan Song																					
43	Arrane Queeyl Nieuee																					
44	Hunt the Wren [dance]																					
46	Manx National Anthem																					
47	Sea Invocation																					
48	Juan y Jaggad Keeir																					
49	Shiaull y Cheayn																					
50	Peddyr Beg Swynkle																					
51	Arrane Ben-Vlieaun																					
52	Ushag Veg Ruy																					
	Title/Unit no.	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21

## Appendix 5

## References to the Manx Curriculum

in Gow Ayrn & other resources

Abbreviations: KYT1 - Kiaull yn Theay 1; KYT2 - Kiaull yn Theay 2; MBM - Manx Ballads & Music. MNSB - Manx National Song Book; MNHL - Manx National Heritage Library; RM - Roie Mygeayrt, RNM - Ree ny Marrey.

## History

- Unit 1 Toys: [Playground Games] 'Lhigey Lhigey' (p.18), 'Little Alexander' (p.19), 'Here Comes Tom Dukes' (p.30), 'Hainey Fainey' (p.32)
- Unit 2 Homes: Lady I Have Gold & Silver (p.13), Peddyr Beg Swynkle (p.50), The Ould Times\*\*\*
- Unit 3 Notable Events: Ellan Vannin Tragedy 'Ellan Vannin Tragedy' (MNSB:270 & CD Mannin Folk Through the Years), Starting of the Laxey Wheel 'The Laxey Wheel' (MNSB:280), Launch of the Star of India 'Euterpe Beautiful Star' [Star of India]\* Wreck of the Brig Lily 'Brig Lily'\* Wreck of the Herring Fleet 'The Wreck of the Herring Fleet' (MNSB:24), 'Loss of the Herring Boats' (MBM:150&154 words only), Coming of the Railways 'A New Song on the Opening of the Douglas & Peel Railway' (1873 Words only)\*\* 'Bulgham Bombshell', 'Ride the Rails' (CD Mannin Folk), Other 'Battle of Pairk-ny-Earkan'\*\*\*, 'Birlinn Ghorree Chrovan' ('Godred Chrovan's Galley' p.22/MNSB:268/RNM:4), 'Are you Ready for a Fight?' (p.14), 'Riding in the T.T. Races' (MNSB:218), 'T.T. Hall of Fame' (MNSB:277), 'Thurot' [Naval battle between Captains Thurot and Elliot in 1760] (MNSB:64), 'Thurot as Elliot' (MBM:28&236)
- Unit 4 Seaside Holidays: 'Kelly, the Carman' (MNSB:204), 'Flanagan' (MNSB:207), 'Has Anybody Here Seen Kelly?' (MNSB:210), 'The Isle of Man' (MNSB:213), 'The Dear Old Isle of Man' (MNSB:216). Listen to Florrie Ford sing at www.manxheritage.org

#### Unit 5/9 Famous People:

Folklore & Collectors: Sophia Morrison, Dr. J. Clague, W.H. Gill, Mona Douglas 'There's the Moddha Dhoo' (p.20), 'Arrane y Glashtin' (p.28), 'Arrane Queeyl Nieuee' (p.43), 'Peddyr Beg Swynkle' (p.50), 'The Nimble Mower' (RNM:1), 'Arrane ny Fee' (Fairies' Song RNM:6), 'Hello Little People' (MNSB:265), 'The King of the Sea' (MNSB:61), 'Hunt the Wren' (p.44), 'Arrane Ghelby' (KYT:13) Historical Figures: Godred Chrovan 'Birlinn Ghorree Chrovan' ('Godred Chrovan's Galley' p.22/MNSB: 268/RNM:4), T.E. Brown 'When Childher Plays'\* Illiam Dhone 'Illiam Dhoan' (MNSB:36&126), Napoleon Bonaparte 'The Bonny Bunch of Roses' (KYT2:11), Captain Thurot 'Thurot' (MNSB:64), 'Thurot as Elliot' (MBM:28&236)

#### Unit 6 People's Jobs:

Tourism 'Kelly, the Carman' (MNSB:204), 'Flanagan' (MNSB:207), 'Has Anybody Here Seen Kelly?' (MNSB:210), 'The Isle of Man' (MNSB:213), 'The Dear Old Isle of Man' (MNSB:216) Farming 'Y Mheillea' (p.10), 'Shooyl Ineenyn' (hiring fair dance p.31), 'Hi Juan Jiggison' (p.36), 'Wool Winding Song' (p.38), 'Arrane Queeyl Nieuee' (p.43, MNSB:226), 'Arrane Ben-Vlieaun' (p.51), 'Maid of Port-e-Shee' (MNSB:112), 'The Ploughman's Song' (MNSB:136), 'The Cutting of the Turf' (MNSB:150), 'Ne Kirree Fo'n Sniaghtey' (Kirree fo Niaghtey/Sheep Under the Snow MNSB:176), 'Song of the Travelling Beggars' (MNSB:236 or RNM:52), 'Arrane ny Fee' (Fairies' Song - weaving RNM:6), 'Churning Song' (RNM:20), 'Arrane y Bleih' (Grinding Song RNM:46 or MNSB:238) Fishing & Sailing 'Smuggler's Lullaby' (p.7), 'Three Little Boats' (p.15), 'Sea Invocation' (p.47), 'Shiaull y Cheayn' (p.49), 'Cruise of the 'Tiger" (MNSB:18), 'A Ship Sailing' (MNSB:249), 'The Harvest of the Sea' (Manx Fishermen's Evening Hymn MNSB:158), 'The King of the

- Sea' (MNSB:61), 'Shiaull Ersooyl' (Sail Away RNM:10), 'Vesper Hymn' (RNM:24), 'She Lhong Honnick Mee' (A Ship did I See RNM:33), 'The Fishermen of Mann' (CD *The Best That's In!*) Mining 'The Laxey Wheel' (MNSB:280), 'Foxdale Miner' (CD Mannin Folk)
- Unit 7 Celts: Myths & beliefs [See Unit 5/9 Folklore & Collectors], 'Clean Suggane' or 'Invocation to St. Bridget' (RNM:72), 'Hop tu naa' (see MHF Hop tu Naa Education Pack), 'Hunt the Wren' (p.45), 'Manannan Song' (p. 42), 'Manannan Beg Mac y Leir' (p.41), 'Kiark Katreeney Marroo' (see p.20), 'The Nimble Mower' (RNM:1), 'St. Bridget's Day'\*\*\* [Manx Gaelic greetings see Roie Mygeayrt]
- Unit 8 Life in Tudor Times: Illiam Dhone 'Illiam Dhoan' [MNSB:36 & 126], 'Rushen Abbey'\*\*
- Unit 10 Vikings: 'Are you ready for a Fight?' (p.14), 'Birlinn Ghorree Chrovan' (p. 22, MNSB:268 & RNM:4), 'Heroes All! Row Slowly Forward' (MNSB:100), 'The Battle of Santwat' (MNSB:142), 'Birth of a Nation' (MNSB:272), 'Song of the Viking Princess'\*\*
- Unit 14 Victorian Times: Children: 'Step Dance' (p.5), 'Fer ny Clien Click' (p.6), 'Jingle the Bells' (p.9), 'A Boy to Run' (p.12), 'Lhigey Lhigey' (p.18), 'Little Alexander' (p. 19), 'Cradle Song' (p.23), 'Here Comes Tom Dukes' (p.30), 'Hainey Fainey' (p.32), 'Hi Juan Jiggison' (p.36), 'Hush, Little Darling' (MNSB:22), 'Slumber Song' (MNSB:242)
- Unit 17 What was it like to live in the Isle of Man in the past? [see Unit 6 People's Jobs], Marriage & Dowry 'A Manx Wedding' (MNSB:118), 'Mylecharane' (MNSB:48), 'The Toghyr Song' (RNM:34), Tradition 'Good-night Song' (MNSB:252 or 'Arrane Oie Vie' RNM:50), 'The Washing Song' (MNSB:254), Emigration & Nostaglia 'Ellan Vannin' (RNM:60 & download\*\*\*), 'The Ould Times'\*\*\*

  Calendar Customs 'Hop tu naa' (see Education Pack), 'Y Mheillea' (p.10), 'Flitter Dance' (p.37), 'Hunt the Wren' (p.44), 'The White Boys' Song' ('Carval ny Guillyn Baney' KYT2:81), Market 'Lhigey Lhigey' (p.18)

## Geography

Placenames 'Little Alexander' (p.19), 'Cradle Song' (p.23), 'Arrane y Glashtin' (p.28), 'Ramsey Town' (MNSB:107), 'The Bells of Old Kirk Braddan' (MNSB:171), [See History Unit 4 Seaside Holidays], 'Hello, Little People' (MNSB:165), 'Laxey Wheel' (MNSB:280), 'The Spinster of Peel' (RNM:18), 'Skeeylley Breeshey' (Kirk Bride RNM:68) Transport 'Give me the busfare to Douglas' (MNSB:282), 'Riding in the T.T. Races' (MNSB:218), 'T.T. Hall of Fame' (MNSB:277), 'Song of the Three Steamers'\*\*\* Weather 'The Seasons'\*\*\* Wildlife 'Hunt the Wren' (p.44), 'Ushaq Veq Ruy' (p.52), 'Song for the Terns' (MNSB:274)

## Religious Education

Christmas 'Three Little Boats' (p.15), 'Oikan ayns Bethlehem' (Birth in Bethlehem RNM:28), 'The Stranger' (RNM:30), 'She Shoh yn Laa' (This is the Day RNM:75), 'Tra va Ruggit Creest' (When Christ was Born RNM:76 or MNSB:258), 'Sing Soft and Low' (RNM:78), 'O S'feayr yn Gheay' (Cold Blows the Wind RNM:86), 'The Baby Boy Carol' (RNM:88), 'Cadlee ny Moidyn Moirrey' (Lullaby of the Virgin Mary MNSB:256), 'Yeesey Creest'\*, 'Shee er Sheelnaue' (Peace on Mankind)\* Easter 'Flitter Dance' (danced on Good Friday p.37)

<sup>\*</sup> Contact the Manx Music Specialist for details: manxmusicspecialist@mhf.org.im

<sup>\*\*</sup> These pieces are held in the Manx National Heritage Library (Manx Museum). Search on www.manxheritagemusic.org for more details.

<sup>\*\*\*</sup> Download from www.manxheritagemusic.org

## Sources and Alterations

Unless stated, all adaptations by C. Woolley 2007

Abbreviations: EFDSS - English Folk Dance & Song Society; KV - Kiaull Vannin; KYT1 - Kiaull yn Theay 1; KYT2 - Kiaull yn Theay 2; MBM - Manx Ballads & Music. MNSB - Manx National Song Book; MNHL - Manx National Heritage Library; RM - Roie Mygeayrt; RNM - Ree ny Marrey, RV - Rinkaghyn Vannin.

Step Dance

Melody collected by Dr. J. Clague, W.H. & J.F. Gill ca. 1890. KYT1:34. Dance coll. Mona Douglas. Adapted from RV:12.

Fer ny Clein Click Smuggler's Lullaby Well Done Tom! Jingle the Bells for Charlie Y Mheillea A Boy to Run Coll. A. W Moore (ca. 1890). Melody adapted to combine with 'Smugglers Lullaby'. See KYT2:44. [Arrane Ben Drogh Hraghtalagh]. Coll. M. Douglas. In MNSB:246-8 (English & Manx combined). Coll. Clague/Gill. KYT2:82. Adapted from 'Arrane Meshtallagh' [Drinking Song] or 'Poor Tom'. [Originally called 'Manx Round']. Coll. Miss J. Kermode [Cushag] in 1912. MNHL MS 08979. Coll. M. Douglas. Dance adapted from RV:16.

Lady I have Gold and Silver

Coll. Clague/Gill. Scottish traditional lyrics in P.W. Caine (1931). Melody adapted. Original is in 3/8. Coll. Clague/Gill. Lyrics adapted from various Plough Monday plays - England & USA. See EFDSS Plough Monday to Hocktide (1995).

Are you Ready for a Fight?

Coll. Clague/Gill. Original lyrics: 'Are you ready for a fight? We are the rovers... We are the Roman soldiers'. Adapted by C. Woolley & Cinzia Curtis.

Three Little Boats
I Have a Little Frog

Coll. Clague/Gill. Lyrics from *Music of the Nineteenth Century* MNHL MD 778 Acc. 8073 no. 4. Manx traditional dance melody to 'Hyndaa y Bwoailley'. Accompaniment adapted from W.H. Gill 1898. Lyrics from poem: 'I Have a Little Frog'. Anon. Adapted by C. Woolley & C. Curtis 2007. Coll. Mona Douglas. Piano accompaniment by F. Bazin RNM:12-3.

Lhigey Lhigey Little Alexander

Coll. Clague/Gill. Melody adapted. Lyrics reconstructed from variants of 'Little Sally Waters'.

There's the Moddha Dhoo

Originally coll. A.W. Moore as 'Kiark Katreeney (Catriney) Marroo'. See MBM:68-9 & KYT2:43. New lyrics by Miss J. Kermode [Cushaq] MNHL MS 08979 ca. 1910 and adapted by C. Woolley.

Birlinn Ghorree Chrovan

Jerrey y Funk

Hebridean melody with Manx lyrics written by Doolish y Karagher, Brain MacStoyll and Seoras y Creayrie. For full version see MNSB:268&9 or RNM:4-5.

Cradle Song (Hurr as Thurr)
The Mollag Band Song
Traa dy Gholl dy Valley
Last Night as I Lay Sleeping
Horizon

Traditional lullaby collected by John Nelson, Ramsey 1904. In Gilchrist 1924-6:311.

P. Leighton Stowell Collection. In KV:342. Melody simplified by C. Woolley.

Lyrics, music & arrangement by A. Kissack in RM:40.

Collected in Scotland by Louise Martin 2007. Reference to the Isle of Man.

Composed by M. Stitt and C. Woolley - A Nation's Lifeline: Isle of Man Steam Packet DVD (2005). Manx melody 'Jerrey y Theihll' (coll. Claque/Gill) arranged by Skeeal on CD Long Story (2005).

Arrane y Glashtin Coll. Claque/Gill. See Gilchrist 1924-6 for lyrics. Melody and lyrics adapted. Original is in 3/8. Here Comes Tom Dukes

Coll. Claque/Gill. Lyrics from Vocabulary of the Anglo-Manx Dialect (1924). Adapted and extra

verses written by C. Woolley & C. Curtis 2007.

Manx dance melody arranged by Paitchyn Vannin. From CD The Best That's In (2001). Shooyl Ineenyn

Hainey Fainey Traditional counting-out rhyme from Maughold, Coll. A.P. Graves. See Mannin Vol. 2 (1913). Also in

Vocabulary of the Anglo-Manx Dialect (1924). Set to 'Untitled Jig' KV:285 by C. Woolley.

Y Cuccu Coll. M. Douglas. KV:333. Melody simplified and lyrics adapted from several British versions - Opie

1951:139, Baring Gould & Sharp [N.D.]:68-9 & Kennedy 1975:348.

[Yn shagg] Coll. Claque/Gill. KV:278/9. Adapted. The Cormorant

[Y Partan] Coll. Claque/Gill. Melody KV:131. Melody simplified for whistle. Lyrics from 'The The Crabfish

Crabfish' collected by Cecil Sharp in 1904 from Mrs Overd, Somerset. In Lloyd 1967:47.

Coll. Claque/Gill. See RNM:69. Melody & Lyrics simplified. Hi! Juan Jiggison

Flitter Dance Coll. M. Douglas. KV:325. Dance instructions from RV:12.

Coll. Claque/Gill Collection. KV:208. See RNM:45. Although the title implies an association with Wool Winding Song

wool winding, there is no written evidence of this song being connected to the 'niddy noddy'.

Reeaghyn dy Vannin Coll. M. Douglas. See RV:37. Song adapted.

Nelson's Tonic Melody by Peddyr Cubberley ca. 2000.

Coll. M. Douglas. KV:349. See RNM:54 for lyrics. Manannan Beg Mac y Leir

Manannan Song Coll. M. Douglas. KV:358. See RNM:51 for piano accompaniment.

Arrane Queeyl Nieuee Coll. A.W. Moore & M. Douglas. See KYT1:60 & RNM:16-7. Piano accompaniment from RNM.

Hunt the Wren [Helg yn Dreean]. Various sources. Condensed version of lyrics. Dance adapted from RV:13. National Anthem

By W.H. Gill. Adaption of Manx melody 'Mylecharaine' with new lyrics by W.H. Gill. Piano

accompaniment in RNM: 56. Original in MNSB:222&3

Coll. M. Douglas. KYT1:49. See RNM:58. Sea Invocation

Juan y Jaggad Keeir Coll. A.W. Moore: KYT1:10.

[alternative title - 'Return of the Boats']. Coll. Mona Douglas. MNHL 9545 Shiaull y Cheayn

Peddyr Beg Swynkle Lyrics coll. G.W. Wood in *Mannin* Vol. 2 (1913). New melody by Breesha Maddrell (2007).

Arrane Ben-Vlieaun Coll. M. Douglas. See RNM:22-3. [Also known as 'Cur dty Vainney'].

Ushag veg Ruy Various sources. See RNM:42-3. Adapted lyrics. Sung by Bunscoill Ghaelgagh on Cree CD (2004).

## Bibliography - Manx Music & Dance

All available from MNHL Museum gift shops, specialist book sellers or local libraries

Kiaull yn Theay 1 [yellow]. Colin Jerry. 1978. Yn Cheshaght Ghailckagh.

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Kiaull Vannin. Colin Jerry, ed. 1991. Peel: contact author.

Source book for Manx tunes, transcribed from the collections of Dr. John Clague and Others.

Manx Ballads and Music. A.W. Moore ed. 1896 [1998]. Douglas, Isle of Man: G. & R. Johnson [Facsimile reprint. Felinfach: Llanerch Publishers]. Gaelic song lyrics with English translations. Features some music arrangements.

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Ree ny Marrey. Fenella Bazin and Charles Guard. 1994. Nelson Press Co. Ltd., Isle of Man.

Manx folk songs with piano accompaniment and chords.

Rinkaghyn Vannin: Dances of Mann. 1983. Sleih gyn Thie. Instructional dance book with melodies.

Roie Mygeayrt. Annie Kissack and Jenny Kissack. 2004. Manx Heritage Foundation/Mooinjey Veggey.

Rhymes and Songs in Manx Gaelic for young children. Lyrics and CD available to purchase from the authors.

## Other References

EFDSS Monday to Hocktide: An Education Resource Pack for the Spring Term on British Traditions.

Rowe, D. Robson, C. ed. Taylor, M. 1995. English Folk Dance and Song Society.

English Folk-Songs for Schools. Baring Gould, S. and Sharp, Cecil. [No date]. J. Curwen & Sons, London.

Folksong in England. Lloyd, A.L. 1967 (1975). Paladin, Hertfordshire.

Folksongs of Britain and Ireland. Kennedy, Peter, ed. 1975. Cassell & Co. Ltd.

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Oxford Dictionary of Nursery Rhymes. Opie, Iona & Peter, eds. 1951. Oxford University Press, London.

Vocabulary of the Anglo-Manx Dialect. Morrison, S., Goodwin, E. & A.W. Moore. 1924.

When I was Young and Other Poems. Caine, P.W. 1931. Brown and Sons Ltd. Douglas, Isle of Man.

## Further Reading & Sheet Music

Eisht as Nish. Then & Now. 2007. Frank Woolley. 64 Manx piano solos of easy to moderate difficulty.

Hop tu naa Education Pack. 2005. Manx Heritage Foundation. Education Pack distributed to all Manx primary schools.

Kiaull Manninagh - Manx Music. A Course for Isle of Man Secondary Schools. Chloë Woolley for the Manx Heritage

Foundation. 2005. Education pack for Key Stage 3 with accompanying CD. Limited availability.

Leighton Stowell Book of Manx Dances. 1981. Manx Folk Dance Society.

Instructional dance book with melodies and accompanying cassette.

Manx Dances for Schools: Key Stages 1, 2 and 3. Department of Education/Manx National Heritage. 1997.

Sets of videos, cassettes and music books for school use. Limited availability.

Much Inclin'd to Music: The Manx and their Music Before 1918. Fenella Crowe Bazin. 1997. Manx Heritage Foundation, Douglas.

A history of Manx music suitable for use in schools.

The Manx Music Database <a href="www.manxheritagemusic.org">www.manxheritagemusic.org</a> contains virtually all references to Manx music and information on how to locate individual pieces of sheet music. Some music may already be transcribed and accessible online, while others may be obtainable from the Manx Music Specialist.

Email: manxmusicspecialist@mhf.org.im

## Further Listening

Mannin Folk. Through the Years. 2000. RJCD04

**Paitchyn Vannin**. Fragments. 1995. MHFC1. 'Children of Mann' were a young instrumental group based at Ramsey Grammar School. [See The Best That's In!]. [Cassette only].

Phynnodderee. There's No 'F' in Phynnoddoree. [no date]

Phynnodderee. Y Reesht! 2003.

Named after a mythical creature in the Isle of Man, this instrumental folk group perform a mixture of Manx and international melodies. They regularly accompany the Manx Folk Dance Society and these two albums feature most Manx dance tunes.

Skeeal. Long Story. 2005. SKEEAL01.

**Various**. *Cree*. 2004. MCRCD01. *Translating as 'Heart', this album was compiled to raise funds for Macmillan Cancer Relief and features a mixture of Manx Gaelic and folk groups.* 

Various. The Best That's In! 2001. MHFCD1.

A compilation of music featuring most genres of Manx music. Available from the Manx Heritage Foundation.

Various. Shennaghys Jiu. 2007. Shennaghys Jiu. Contact the festival to purchase the CD. See: www.shennaghys.org



## CD Track Information

Solo singers & instrumentalists include: Chloë Woolley, Cinzia Curtis, Breesha Maddrell, Annie Kissack & Katie Lawrence.

Instrumental groups include: Sheear, Phynnoddoree, Scoill Vallajeelt, Skeeal, Paitchyn Vannin, Mactullagh Vannin, Bunscoill Ghaelgagh.

Recorded by Malcolm Stitt. Mastered by Charles Guard [Manx Heritage Foundation].

CD		
Track	Title	Artist
no.		
01	Step Dance [dance accompaniment]	Sheear
02	Fer ny Clien Click [pronunciation]	Annie
03	Fer ny Clien Click [song]	Chloë
04	Smuggler's Lullaby [instrumental]	Sheear
05	Well Done Tom!	Chloë
06	Jingle the Bells for Charlie	Chloë
07	Y Mheillea [dance acc]	Sheear
08	A Boy to Run	Chloë
09	Lady I have Gold and Silver	Chloë & Cinzia
10	Are you Ready for a Fight?	Chloë
11	Three Little Boats [song]	Chloë
12	Three Little Boats [instrumental]	Phynnoddoree
13	I Have a Little Frog	Chloë
14	Lhigey Lhigey [pron.]	Annie
15	Lhigey Lhigey [song]	Chloë
16	Lhigey Lhigey [choral]	Scoill Vallajeelt
17	Little Alexander	Chloë
18	There's the Moddha Dhoo 1	Chloë & Cinzia
19	There's the Moddha Dhoo 2	Chloë & Cinzia
20	There's the Moddha Dhoo 3	Chloë & Cinzia
21	There's the Moddha Dhoo 4	Chloë & Cinzia
22	Birlinn Ghorree Chrovan [pron.]	Annie Kissack
23	Birlinn Ghorree Chrovan [song]	Annie Kissack
24	Cradle Song (Hurr as Thurr)	Chloë
25	The Mollag Band Song	Chloë
26	Traa dy Gholl dy Valley [pron.]	Annie
27	Traa dy Gholl dy Valley [song]	Annie
28	Last Night as I Lay Sleeping	Chloë
29	Horizon [listening]	Chloë Woolley & Malcolm Stitt
30	Jerrey y Funk [listening]	Skeeal
31	Arrane y Glashtin	Sheear
32	Here Comes Tom Dukes [song]	Chloë & Cinzia

33	Here Come's Tom Dukes [instrumental]	Mactullagh Vannin
34	Shooyl Ineenyn	Paitchyn Vannin
35	Hainey Fainey	Chloë
36	У Сисси	Chloë
37	The Cormorant	Chloë
38	The Crabfish [instrumental]	Chloë
39	The Crabfish [song]	Chloë
40	Hi! Juan Jiggison [pron.]	Breesha
41	Hi! Juan Jiggison [song]	Breesha
42	Flitter Dance [instrumental]	Sheear
43	Wool Winding Song	Chloë & Cinzia
44	Reeaghyn dy Vannin [solo & choral]	Sheear
45	Reeaghyn dy Vannin [choral]	Sheear
46	Nelson's Tonic [instrumental]	Cinzia
47	Manannan Beg Mac y Leir [tune]	Cinzia
48	Manannan Song [pron.]	Annie
49	Manannan Song [song]	Chloë
50	Arrane Queeyl Nieuee [pron.]	Annie
51	Arrane Queeyl Nieuee [song]	Chloë
52	Hunt the Wren [dance acc]	Sheear
53	Hunt the Wren [song]	Chloë
54	Manx National Anthem [song English]	Chloë
55	Manx National Anthem [pron. Manx]	Breesha
56	Manx National Anthem [song Manx]	Breesha
57	Sea Invocation [pron.]	Annie
58	Sea Invocation [solo & chorus]	Sheear
59	Sea Invocation [Ho Ro round]	Sheear
60	Juan y Jaggad Keeir	Cinzia
61	Shiaull y Cheayn	Chloë & Cinzia
62	Peddyr Beg Swynkle	Chloë
63	Arrane Ben-Vlieaun [pron.]	Annie
64	Arrane Ben-Vlieaun [song]	Chloë
65	Ushag Veg Ruy [pron.]	Annie
66	Ushag veg Ruy [song]	Bunscoill Ghaelgagh